

SPRING 2007



All aboard for fun & fitness!

See Page 26
for EARLY Mail-in
Registration Info



WHAT'S INSIDE:

4 Learn to Swim

Jump in! We've got classes for all ages and skill levels.

13 New Program Highlight

"Baby Signs" teaches the magic of using sign language to communicate with babies before they can talk.

15 Frisco Rocks!

Tired of playing in your garage? Text your talents against your peers in Frisco's Battle of the Bands.

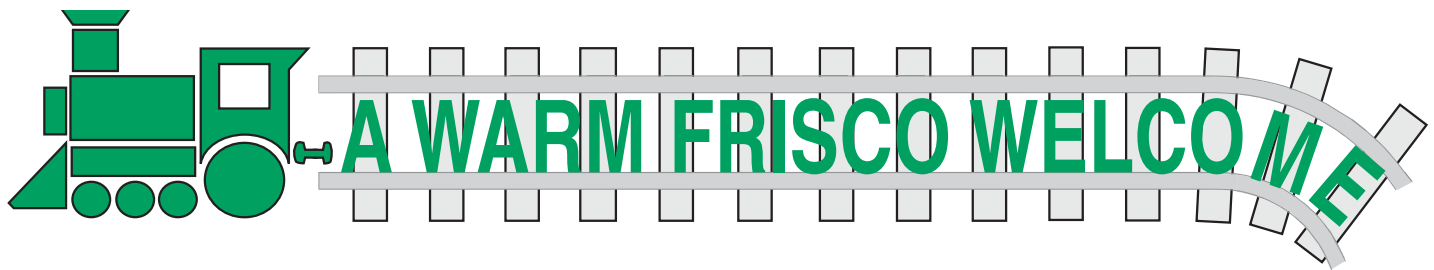
21 Finance 101

Are you prepared for the future? Are your investments safe? Attend one of our finance classes and find out.



WALK-IN REGISTRATION STARTS DECEMBER 16, 8:00am – 3:00pm

FriscoFun.org



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HELPFUL INFORMATION

CITY OF FRISCO INFORMATION:

Alumni Hall Fitness Center
City Classes and Registration Information
9700 Wade Boulevard
972-377-1752

Parks & Recreation Administration
Rentals and Reservations
6726 Walnut Street
972-335-5517

Senior Center at Frisco Square
6670 Moore Street
972-335-5515

Athletics Rain Out Hotline
972-377-RAIN

George A. Purefoy Municipal Center
6101 Frisco Square Boulevard
972-292-5000

Frisco Youth Center Building
7775 Camellia Lane

Warren Sports Complex
7599 Eldorado Parkway

Shawnee Trail Sports Complex
6501 Hillcrest Road

PARTNERS IN RECREATION:

Building Images Studio
2301 Ohio Drive #105
Plano, Texas, 972-964-7733

Frisco Dance Force
3221 Preston Road #3, 972-712-6829

Frisco Gymnastics Center
7210 Meadow Hill Drive, 972-377-3137

Ice at Stonebriar Centre
2601 Preston Road #1235, 972-731-9600

Music Conservatory of Texas
9255 Preston Road, 972-377-5977

Sheena's Dance Academy
7975 Stonebrook Parkway, 972-712-1100

FISD Natatorium
7411 First Street, 469-633-6160

Clark Middle School
4600 Colby Drive

Griffin Middle School
3703 Eldorado Parkway

Pioneer Heritage Middle School
1649 High Shoals Drive

Roach Middle School
12499 Independence Parkway

Wester Middle School
12293 Shepherds Hill Lane

Visit us on the internet at: FriscoFun.org

CITY ADMINISTRATIVE STAFF

City Manager

George Purefoy

Deputy City Manager

Henry J. Hill

Assistant City Manager

Jason Gray

City Secretary

Nan Parker

PARKS & RECREATION STAFF

Director

Rick Wieland

Senior Administrative Assistant

Deanna Quigley

Department Receptionist

Paulette Powell

Superintendents

Bobby Johnson, Parks

Marcy Jones, Recreation

Dudley Raymond, CIP & Planning

Steve Walsh, Facilities & Operations

Park Supervisors

Eddie Camacho

Bill Straw

Senior Center Supervisor

Judy Florence

Recreation Center Coordinators

Jami Jensen, Alumni Hall

Joel Schuh, Alumni Hall

Recreation Programmers

Ashley Blanchard, Special Events

Stephanie Darimont, Aquatics

Patton Gleason, Leisure Programs

Scot McCollum, Athletics

Leslie Penland, Senior Programs

Recreation Leaders

Jennifer Frazier, Alumni Hall

Linda Drake, Senior Center

Senior Center Van Drivers

Oscar Joseph

Ernie Shewbrooks

Recreation Aides

Ashley Adams, Alumni Hall

Charles Gorman, Alumni Hall

April Morey, Senior Center

Terry Richter, Senior Center

CITY COUNCIL

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Mahe Maso, Mayor Pro Tem

Bob Allen, Deputy Mayor Pro Tem

Tony Felker, Council Member

Dr. Jim Joyner, Council Member

Matt Lafata, Council Member

Joy West, Council Member

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Brad Mick, Board Member

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Cacy Saffery, Board Member

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CORPORATION

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Hunt Reifschneider, Vice Chairperson

Bobby Johnson, Jr., Treasurer

Richard Gonzalez, Board Member

Richard Kaeufer, Board Member

Keith Shipman, Board Member

URBAN FORESTY BOARD

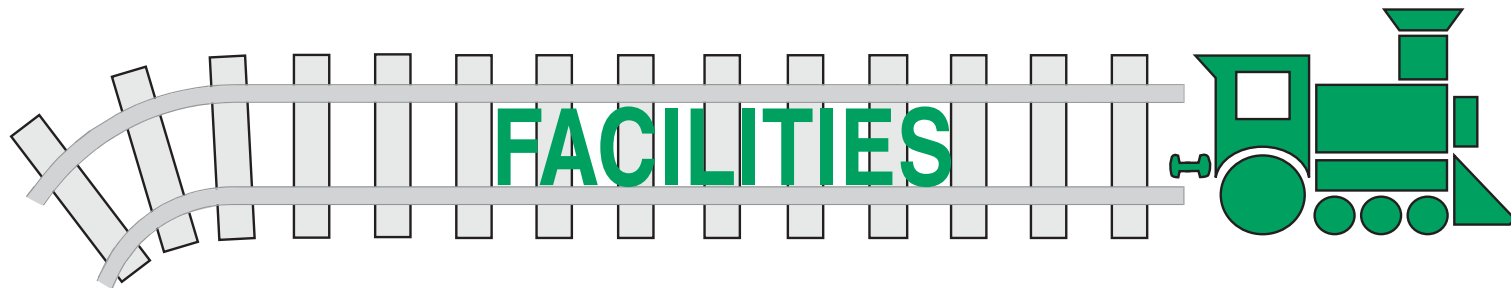
Mike Zapata, Chairperson

Dale Smeal, Secretary

Carlos Gallardo, Board Member

Mike Gibson, Board Member

David Preston, Board Member



ALUMNI HALL FITNESS CENTER

The Alumni Hall Fitness Center is located on the campus of Collin County Community College District and is a joint partnership between the City of Frisco and CCCCD. The facility includes a natatorium, gymnasium, fitness and weight training room, dance studio, outdoor running track, and locker room facilities.

ADDRESS & CONTACT INFORMATION

Address: 9700 Wade Boulevard, Frisco, TX 75035
Phone: 972-377-1752

MEMBERSHIP RATES

Memberships may be purchased on a month-to-month basis or tri-annually (four months) at the fitness center reception desk. There will be a \$2 ID fee for first-time members ages 12 and up.

	Frisco Residents	
	<u>Monthly</u>	<u>Tri-Annual</u>
Individual	\$10	\$30
Family	\$20	\$75
Child (under 12)	\$5	\$15
Day Use Fee	\$2	

	Non-Residents	
	<u>Monthly</u>	<u>Tri-Annual</u>
Individual	\$15	\$50
Family	\$25	\$90
Child (under 12)	\$10	\$25
Day Use Fee	\$3	

HOURS OF OPERATION

Please call the Alumni Hall Fitness Center at 972-377-1758 for updated hours of operation.

ALUMNI HALL CLOSINGS

December 22 – January 1
January 4
January 15
March 16 – 18
April 6 – 7

EMPLOYMENT & VOLUNTEER OPPORTUNITIES

We are always looking for qualified instructors to teach a wide array of classes for all ages. If you have a knack for teaching a fun program or would like to volunteer at one of our special events, please contact our staff.

- **Class Instructors:** Please call 972-335-5517.
- **Lifeguards, Swim, and Water Aerobic Instructors:** Please visit the city's website at www.friscotexas.gov for current employment/contract opportunities or call 972-335-5517.
- **Volunteer Opportunities:** Please call 972-335-5555 ext. 112.

SENIOR CENTER AT FRISCO SQUARE

The Senior Center at Frisco Square is a state-of-the-art facility dedicated to the needs of the city's growing senior population. The first phase, approximately 10,000 square feet, opened in January 2004. The Senior Center is located in the heart of the Frisco Square Development on the southeast corner of the Dallas North Tollway and Main Street.

Directions from the Dallas North Tollway:

Cotton Gin Road is approximately one-half mile south of Main Street. Turn east on Cotton Gin Road, turn north on Library Street, turn east on Burnham and the Senior Center is located on the corner of Moore and Burnham Streets.

Directions from Downtown Frisco:

Travel west on Main Street and turn south on Coleman Boulevard, turn west on Frisco Square and south at North Church. Travel south to Page Street and turn east, on West Library turn south, and then turn east on Burnham Street. The Senior Center is located on the corner of Moore and Burnham Streets.

ADDRESS & CONTACT INFORMATION

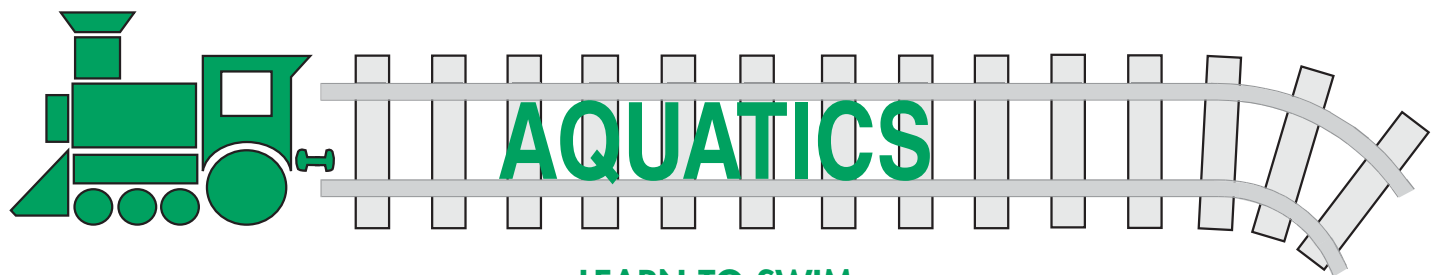
Address: 6670 Moore Street, Frisco, Texas 75034
Phone: 972-335-5515

HOURS OF OPERATION

Monday – Friday:	8:00am – 5:00pm
Thursday:	8:00am – 9:00pm
Saturday:	9:00am – 1:00 pm & 4:30 – 8:30pm
Sunday:	Closed

GENERAL INFORMATION

The Senior Center at Frisco Square is open to anyone 50+ and their spouse (regardless of age). A non-resident annual participation fee of \$24 is charged for those living outside the City of Frisco and the Frisco Independent School District boundaries. The Senior Center at Frisco Square is fully handicap-accessible. For information on activities, classes, trips, and special events, pick up a monthly newsletter at the Senior Center, Library, City Hall, Alumni Hall Fitness Center, and the Chamber of Commerce or online at www.friscofun.org (click on Senior Adults).



LEARN TO SWIM

The City of Frisco offers American Red Cross (ARC) Learn to Swim classes. Classes are held Monday and Wednesday evenings for four weeks or Saturday mornings for four weeks. All classes are held at the Alumni Hall Fitness Center Natatorium. Age restrictions for all Learn to Swim classes will be enforced. Classes will not be held on March 12 – 17 and April 7 due to holidays.

PARENT & CHILD BEGINNER

Ages 6 months – 3 years. The foundation of this class is a set of basic skills that prepares young children to become comfortable in the water. These basic skills include water adjustment, increased confidence and coordination, showing comfort while maintaining a front and back position in the water, and demonstrating breath control. A responsible adult is required to participate with the child.

M/W	5:00 – 5:35pm	Fee
1/29 – 2/21	2001.11	\$55
2/26 – 3/28	2001.21	\$55
4/02 – 4/25	2001.31	\$55

Sa	9:00 – 9:35am	Fee
2/03 – 2/24	2001.44	\$30
3/03 – 3/31	2001.54	\$30
4/14 – 5/05	2001.64	\$30

PARENT & CHILD ADVANCED

Ages 18 months – 3 years. The foundation of this class is a set of basic skills that prepares young children to become comfortable in the water. This class will expand on the Parent & Child Beginner class including new techniques and water safety education. A responsible adult is required to participate with the child.

M/ W	5:45 – 6:20pm	Fee
1/29 – 2/21	2008.12	\$55
2/26 – 3/28	2008.22	\$55
4/02 – 4/25	2008.32	\$55

Sa	9:45 – 10:20am	Fee
2/03 – 2/24	2008.45	\$30
3/03 – 3/31	2008.55	\$30
4/14 – 5/05	2008.65	\$30

PRESCHOOL LEARN TO SWIM

Ages 3 – 5 years. This class teaches the fundamentals of water safety, buoyancy, breath control, swimming on front and back, changing directions, and water entry and exit. This class will be divided into three separate groups (beginner, intermediate, and advanced) on the first day.

M/ W	5:00 – 5:35pm	5:45 – 6:20pm	6:30 – 7:05pm	Fee
1/29 – 2/21	2000.11	2000.12	2000.13	\$55
2/26 – 3/28	2000.21	2000.22	2000.23	\$55
4/02 – 4/25	2000.31	2000.32	2000.33	\$55

Sa	9:00 – 9:35am	9:45 – 10:20am	10:30 – 11:05am	Fee
2/03 – 2/24	2000.44	2000.45	2000.46	\$30
3/03 – 3/31	2000.54	2000.55	2000.56	\$30
4/14 – 5/05	2000.64	2000.65	2000.66	\$30

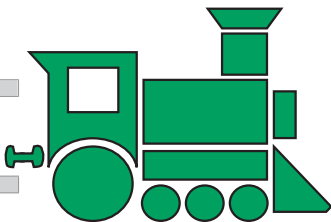
LEVEL 2: FUNDAMENTAL AQUATIC SKILLS

Ages 6 – 12 years. The objective of Level 2 is for students to propel themselves on their front and back using coordinated arm and leg action. They will also learn to float without support and to recover to a vertical position. Treading water and bobbing are also introduced in this level.

M/W	5:45 – 6:20pm	6:30 – 7:05pm	Fee
1/29 – 2/21	2002.12	2002.13	\$55
2/26 – 3/28	2002.22	2002.23	\$55
4/02 – 4/25	2002.32	2002.33	\$55

Sa	9:45 – 10:20am	10:30 – 11:05am	Fee
2/03 – 2/24	2002.45	2002.46	\$30
3/03 – 3/31	2002.55	2002.56	\$30
4/14 – 5/05	2002.65	2002.66	\$30

AQUATICS



LEVEL 3: STROKE DEVELOPMENT

Ages 6 – 12 years. The objective of Level 3 is to continue improvement on front and back crawl, introduce the dolphin kick, diving skills, rotary breathing, and personal water safety.

M/W	5:00 – 5:35pm	5:45 – 6:20pm	Fee
1/29 – 2/21	2003.11	2003.12	\$55
2/26 – 3/28	2003.21	2003.22	\$55
4/02 – 4/25	2003.31	2003.32	\$55

Sa	9:00 – 9:35am	9:45 – 10:20am	Fee
2/03 – 2/24	2003.44	2003.45	\$30
3/03 – 3/31	2003.54	2003.55	\$30
4/14 – 5/05	2003.64	2003.65	\$30

LEVEL 4: STROKE IMPROVEMENT

Ages 6 – 12 years. The objective of Level 4 is to continue improvement on front and back crawl, elementary backstroke, and diving skills. This level will introduce breaststroke, butterfly, the scissor kick, and personal water safety.

M/W	5:00 – 5:35pm	Fee
1/29 – 2/21	2004.11	\$55
2/26 – 3/28	2004.21	\$55
4/02 – 4/25	2004.31	\$55

Sa	9:00 – 9:35am	Fee
2/03 – 2/24	2004.44	\$30
3/03 – 3/31	2004.54	\$30
4/14 – 5/05	2004.64	\$30

LEVEL 5: STROKE REFINEMENT

Ages 6 – 12 years. The objective of Level 5 is to continue improvement on front and back crawl, elementary backstroke, and diving skills. This level will introduce breaststroke, butterfly, sidestroke, and personal water safety.

M/W	6:30 – 7:05pm	Fee
1/29 – 2/21	2005.13	\$55
2/26 – 3/28	2005.23	\$55
4/02 – 4/25	2005.33	\$55

Sa	10:30 – 11:05am	Fee
2/03 – 2/24	2005.46	\$30
3/03 – 3/31	2005.56	\$30
4/14 – 5/05	2005.66	\$30

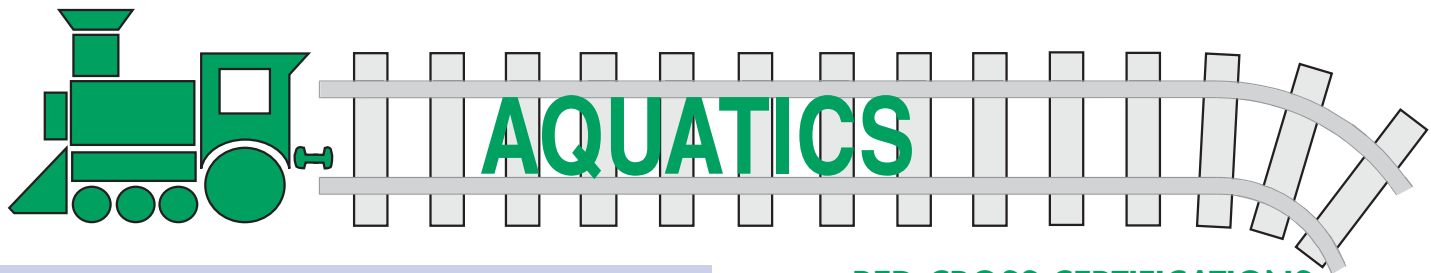
ADULT BEGINNER

Ages 13+ years. Students are taught rhythmic breathing, front crawl, back crawl, elementary backstroke, and breaststroke.

M/W	6:30 – 7:05pm	Fee
1/29 – 2/21	2007.13	\$55
2/26 – 3/28	2007.23	\$55
4/02 – 4/25	2007.33	\$55

Sa	10:30 – 11:05am	Fee
2/03 – 2/24	2007.46	\$30
3/03 – 3/31	2007.56	\$30
4/14 – 5/05	2007.66	\$30





SHALLOW WATER AEROBICS

This class provides a balanced workout including all the components of fitness-aerobic training. This class helps with greater range of motion and is ideal for individuals recovering from an injury or surgery. Participants must be at least 18 years of age.

Code	Days	Dates	Times	Fee
5500.12	M/W	1/08 – 2/14	7:15 – 8:00pm	\$37
5500.22	M/W	2/19 – 3/28	7:15 – 8:00pm	\$40
5500.32	M/W	4/02 – 5/09	7:15 – 8:00pm	\$40
5500.13	Tu/Th	1/09 – 2/15	10:00 – 10:45am	\$40
5500.23	Tu/Th	2/20 – 3/29	10:00 – 10:45am	\$40
5500.33	Tu/Th	4/03 – 5/10	10:00 – 10:45am	\$40

Location: Alumni Hall Fitness Center

Note: No class on 1/15.

DEEP WATER AEROBICS

Deep-water fitness offers a great challenge for the cardiovascular and muscular systems and incorporates strength training, interval and circuit training, as well as muscle strength, toning, and body composition. Participants must be at least 18 years of age.

Code	Days	Dates	Times	Fee
7700.11	M/W	1/08 – 2/14	6:15 – 7:00pm	\$37
7700.21	M/W	2/19 – 3/28	6:15 – 7:00pm	\$40
7700.31	M/W	4/02 – 5/09	6:15 – 7:00pm	\$40
7700.12	M/W	1/08 – 2/14	7:00 – 7:45pm	\$37
7700.22	M/W	2/19 – 3/28	7:00 – 7:45pm	\$40
7700.32	M/W	4/02 – 5/09	7:00 – 7:45pm	\$40
7700.13	Tu/Th	1/09 – 2/15	10:00 – 10:45am	\$40
7700.23	Tu/Th	2/20 – 3/29	10:00 – 10:45am	\$40
7700.33	Tu/Th	4/03 – 5/10	10:00 – 10:45am	\$40

Location: Alumni Hall Fitness Center

Note: No class on 1/15.

DEEP WATER AEROBICS AT FRISCO ISD NATATORIUM

Deep-water fitness offers a great challenge for the cardiovascular and muscular systems. It incorporates strength training, interval and circuit training, as well as muscle strength, toning, and body composition. Participants must be at least 18 years of age.

Code	Days	Dates	Times	Fee
2620.11	M/W/F	1/08 – 2/16	9:30 – 10:15am	\$52
2620.21	M/W/F	2/19 – 4/04	9:30 – 10:15am	\$52
2620.31	M/W/F	4/11 – 5/21	9:30 – 10:15am	\$55
2620.12	M/W/F	1/08 – 2/16	10:30 – 11:15am	\$52
2620.22	M/W/F	2/19 – 4/04	10:30 – 11:15am	\$52
2620.32	M/W/F	4/11 – 5/21	10:30 – 11:15am	\$55

Location: Frisco ISD Natatorium

Note: No class on 1/15, 3/12 – 3/16, and 4/09.

RED CROSS CERTIFICATIONS AND AQUATIC PROGRAMS

WATER SAFETY INSTRUCTOR (WSI) COURSE

The purpose of the ARC Water Safety Instructor course is to train instructor candidates to teach Swimming and Water Safety Program Courses. These include Basic Water Rescue, six levels of Learn to Swim, and Parent & Child Aquatic classes. Participants must be at least 16 years of age.

Code	Days	Dates
2010.11	M/W/F/Sa	5/14 – 5/26
Times:	M/W/F classes meet from 5:30 – 9:30pm Saturday classes meet from 9:00am – 2:00pm	
Fee:	\$175	
Location:	Alumni Hall Fitness Center	

LIFEGUARD TRAINING COURSE

This ARC course teaches candidates the skills and knowledge needed to prevent and respond to aquatic emergencies. Prerequisite swimming and skills testing will occur the first day of class. Certifications issued include Lifeguard Training & First Aid and CPR for the Professional Rescuer. Participants must be at least 15 years of age.

Code	Days	Dates
2009.11	Tu/Th/Sa	1/16 – 1/27
2009.21	Tu/Th/Sa	3/03 – 3/15
2009.31	M/W/Sa	4/30 – 5/12
Times:	M/W and Tu/Th classes meet from 5:00 – 9:00pm Saturday classes meet from 8:30am – 3:30pm	
Fee:	\$175	
Location:	Alumni Hall Fitness Center	

LIFEGUARD RECERTIFICATION/CHALLENGE COURSE

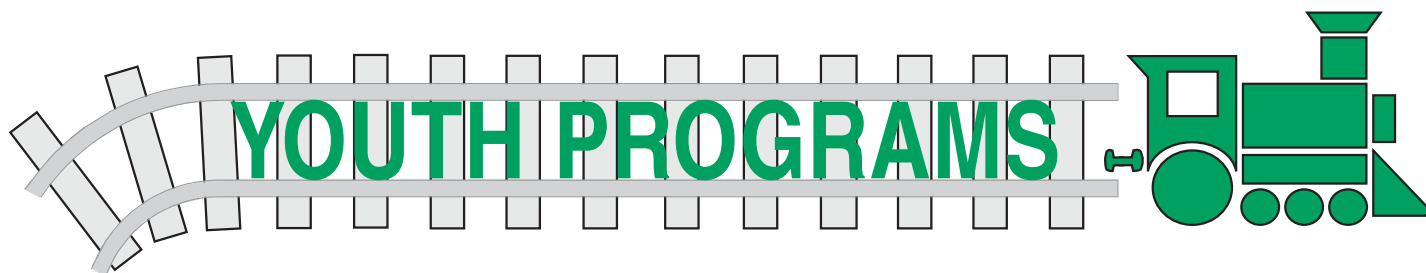
The purpose of this recertification/challenge course is to give individuals the opportunity to demonstrate knowledge and skills competency outside of a formal class setting. Certifications issued include Lifeguard Training & First Aid and CPR for the Professional Rescuer. Participants must be at least 16 years of age.

Code	Days	Dates	Times
2009.12	Sa	4/28	8:00am – 3:00pm
2009.22	Sa	5/12	8:00am – 3:00pm
Fee:	\$75		
Location:	Alumni Hall Fitness Center, Room A112		

CPR FOR THE PROFESSIONAL RESCUER RECERTIFICATION/CHALLENGE COURSE

The purpose of this recertification/challenge course is to give individuals the opportunity to demonstrate knowledge and skills competency outside of a formal class setting. Certifications issued include CPR for the Professional Rescuer. Participants must be at least 16 years of age.

Code	Days	Dates	Times
2009.13	Sa	4/28	1:00 – 3:00pm
2009.23	Sa	5/12	1:00 – 3:00pm
Fee:	\$25		
Location:	Alumni Hall Fitness Center, Room A112		



DANCE CLASSES

SHEENA'S DANCE ACADEMY

To receive the highest level of instruction and minimize distractions, parents, siblings, and other visitors will be asked to wait outside the classroom during classes. Relatives are encouraged to attend their child's class the last week of the session on Visitation Day.

Delicate Dancers

Little dancers will enjoy this tap and ballet class. Dancers develop rhythmic ability and coordination during tap while learning beginning basics of classical ballet. Dance helps children develop imagination, body sense, and the ability to relate to music. Requested attire includes any color leotard, tights, black tap and pink leather ballet shoes.

Code	Days	Dates	Times	Ages
1302.01	M	1/29 – 3/05	3:15 – 4:00pm	2 ^{1/2} – 4
1302.02	W	1/31 – 3/07	11:00 – 11:45am	2 ^{1/2} – 4
1302.03	W	1/31 – 3/07	3:15 – 4:00pm	2 ^{1/2} – 4
1302.04	Th	2/01 – 3/08	11:00 – 11:45am	2 ^{1/2} – 4

Fee: \$52

Location: Sheena's Dance Academy

Flip, Flop and Roll

Both boys and girls alike will enjoy this fun-filled class that helps children develop flexibility, body control, and coordination while they learn basic tumbling and acrobatic skills.

Code	Days	Dates	Times	Ages
2501.01	Tu	1/30 – 3/06	3:15 – 4:00pm	3 – 4

Fee: \$52

Location: Sheena's Dance Academy

Rainbow Dancers

This class explores a rainbow of dancing styles! Children will learn tap and ballet basics, improving dancers' poise, posture and self-confidence. High-energy jazz focuses on the stylized basics. Requested attire includes any color leotard, tights, black tap and pink leather ballet shoes.

Code	Days	Dates	Times	Ages
1300.01	M	1/29 – 3/05	4:00 – 4:45pm	5 – 7

Fee: \$52

Location: Sheena's Dance Academy

Musical Theatre

A unique class using creative expression as a form of dance. A combination of acting and dance combine to form this truly American art form. Requested attire includes black jazz shoes, leotard and tights (females), sweat pants and solid color t-shirt (males).

Code	Days	Dates	Times	Ages
1303.01	Tu	1/30 – 3/06	4:45 – 5:30pm	8 – 12

Fee: \$52

Location: Sheena's Dance Academy

Funky Hip-Hop

Learn the "funky" form of street dance, often featured in music videos. Dancers benefit from the coordination, strength, quickness, and endurance acquired from our hip-hop classes. Boys and girls welcome. Requested attire includes comfortable athletic wear and jazz shoes.

Code	Days	Dates	Times	Ages
1301.01	W	1/31 – 3/07	4:45 – 5:30pm	5 – 7
1301.02	W	1/31 – 3/07	4:45 – 5:30pm	7 – 9
1301.03	Tu	1/30 – 3/06	5:30 – 6:15pm	10 – 12
1301.04	W	1/31 – 3/07	6:30 – 7:15pm	13 – 16

Fee: \$52

Location: Sheena's Dance Academy

"Boyz" Funky Hip-Hip

"Boyz" will benefit from the coordination, strength, quickness, and endurance acquired from our hip-hop classes while learning the latest hip dance moves. Sorry girls, this one is just for the boys! Requested attire includes comfortable athletic wear and jazz shoes.

Code	Days	Dates	Times	Ages
1304.01	M	1/29 – 3/05	4:00 – 4:45pm	8 – 10
1304.02	W	1/31 – 3/07	7:15 – 8:00pm	11 – 13
1304.03	Th	2/01 – 3/08	6:15 – 7:00pm	14 – 16

Fee: \$52

Location: Sheena's Dance Academy

Snazzy N Jazzy

Get energized in our fun, upbeat jazz class. Concentrating on basic jazz techniques including flexibility, coordination, control, turns, leaps, progressions, isolations and much more! Requested attire includes black jazz shoes, any color of leotard and tights/ jazz pants (females), sweat pants and solid color t-shirt (males).

Code	Days	Dates	Times	Ages
1305.01	W	1/31 – 3/07	5:30 – 6:15pm	5 – 7
1305.02	W	1/31 – 3/07	5:30 – 6:15pm	8 – 10
1305.03	Th	2/01 – 3/08	5:30 – 6:15pm	11 – 13

Fee: \$52

Location: Sheena's Dance Academy

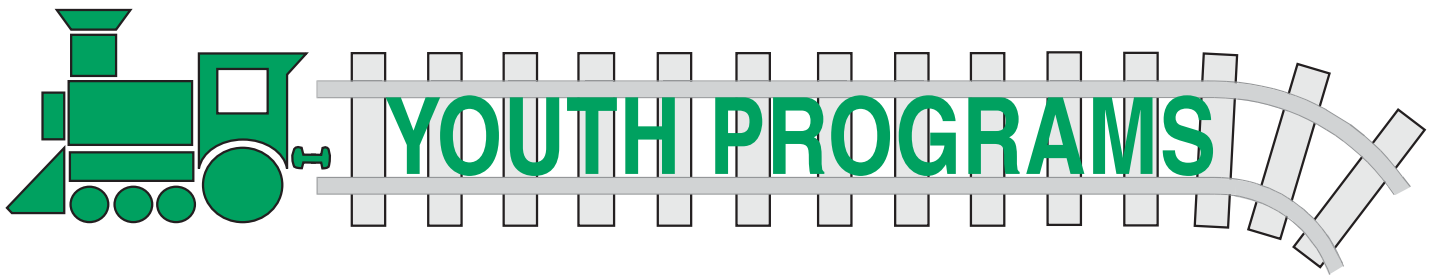
Budding Ballerinas

Perfect class and starting point for those interested in learning dance. Classical ballet is the foundation of all dance forms. Requested attire includes a leotard, tights, and pink leather ballet shoes. Ballet skirt is optional.

Code	Days	Dates	Times	Ages
1306.01	M	1/29 – 3/05	4:45 – 5:30pm	5 – 7
1306.02	W	1/31 – 3/07	4:00 – 4:45pm	5 – 7
1306.03	M	1/29 – 3/05	4:45 – 5:30pm	8 – 10
1306.04	M	1/29 – 3/05	7:00 – 8:00pm	11 – 13

Fee: \$52

Location: Sheena's Dance Academy



Drill Team Prep

Perfect for junior high and high school drill team hopefuls. This class concentrates on drill team fundamentals necessary for those interested in becoming a member of their high school drill team.

Code	Days	Dates	Times	Ages
1311.01	M	1/29 – 3/05	7:30 – 8:15pm	11 – 16
Fee:	\$52			
Location:	Sheena's Dance Academy			

FRISCO DANCE FORCE

Macho Movers

This is a special movement class just for the BOYS, designed to introduce boys to basic dance movements such as galloping, leaping, and jumping. It will improve and develop listening skills, body strength, awareness, endurance, coordination, and gracefulness in a masculine manner. Suggested attire includes t-shirt and gym shorts or sweatpants.

Code	Days	Dates	Times	Ages
1351.01	M	1/31 – 3/07	1:45 – 2:30pm	3 – 5
Fee:	\$55			
Location:	Frisco Dance Force			

Twirling Tumblers

This fun combination class for preschoolers consists of introductory ballet skills such as foot and arm positions, as well as beginner tumbling skills including forward rolls, tuck jumps, and cartwheels. Suggested attire includes a solid color leotard with pink tights and pink ballet shoes.

Code	Days	Dates	Times	Ages
1358.01	Tu	1/30 – 3/06	11:00 – 11:45am	3 – 4
Fee:	\$55			
Location:	Frisco Dance Force			

Tip Tap Toe

This convenient, fun combination class is structured to introduce preschoolers to the basics of ballet and tap skills, while utilizing creative movement activities. Suggested attire includes a solid color leotard, pink tights, pink ballet shoes and black tap shoes.

Code	Day	Dates	Time	Ages
1359.01	Tu	1/31 – 3/07	11:00 – 11:45am	3 – 4
Fee:	\$55			
Location:	Frisco Dance Force			

Tap N Tumble

A great combination class that consists of introducing tap skills such as shuffles, ball-changes, and strengthening foot and ankle coordination and rhythm. Tumbling segments concentrate on basic skills such as forward rolls, handstands, and cartwheels. Suggested attire includes any style leotard, pink tights, and black tap shoes.

Code	Day	Dates	Time	Ages
1353.01	Tu	1/30 – 3/06	3:30 – 4:15pm	3 – 5
Fee:	\$55			
Location:	Frisco Dance Force			

Precision Power Dance

This is a great class for girls that need to work on strong, sharp, precise movements. This class consists of intense stretching, upper and lower body conditioning, progressions across the floor, and precision dance choreography.

Code	Days	Dates	Times	Ages
1356.01	Sa	2/30 – 3/10	3:30 – 4:30pm	6 – 8
Fee:	\$55			
Location:	Frisco Dance Force			

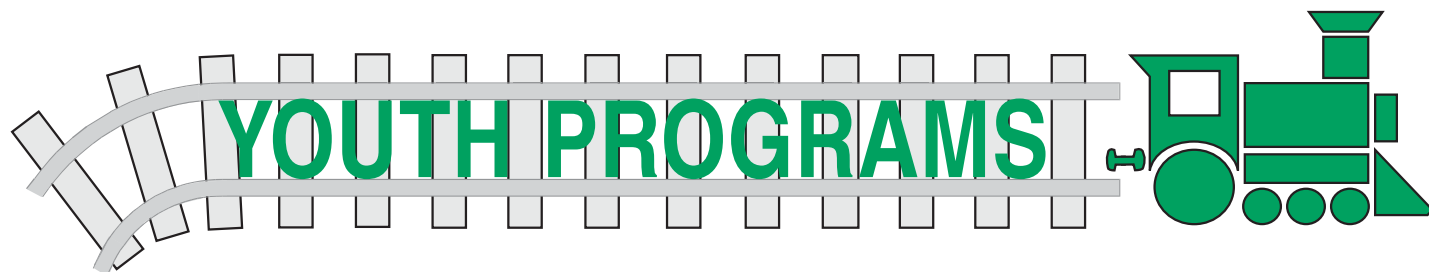
MUSIC CLASSES

MUSIC CONSERVATORY OF TEXAS

Musikgarten Sing With Me Classes

This is a specially designed curriculum for children and parents to enjoy together (child with parent partner) including songs, chants, singing games, bouncing and rocking songs, rhythm instrument playing, short listening exercises, tonal and rhythm patterns, and movement activities. A \$50 fee is payable on the first day of class for a CD and appropriate materials. For those taking multiple sessions this is a one time fee.

Code	Days	Dates	Times	Ages
3900.01	Th	2/15 – 3/08	9:30 – 10:00am	1 ^{1/2} – 2 ^{1/2}
3900.02	Th	2/15 – 3/08	10:00 – 10:30am	2 ^{1/2} – 3 ^{1/2}
3900.03	Th	2/15 – 3/08	11:00 – 11:30am	6 mo. – 1 ^{1/2}
3900.11	Th	3/29 – 4/19	9:30 – 10:00am	1 ^{1/2} – 2 ^{1/2}
3900.12	Th	3/29 – 4/19	10:00 – 10:30am	2 ^{1/2} – 3 ^{1/2}
3900.13	Th	3/29 – 4/19	11:00 – 11:30am	6 mo. – 1 ^{1/2}
3900.21	Th	4/26 – 5/17	9:30 – 10:00am	1 ^{1/2} – 2 ^{1/2}
3900.22	Th	4/26 – 5/17	10:00 – 10:30am	2 ^{1/2} – 3 ^{1/2}
3900.23	Th	4/26 – 5/17	11:00 – 11:30am	6 mo. – 1 ^{1/2}
Fee:	\$35			
Location:	Music Conservatory of Texas			



ART CLASSES

YOU CAN PAINT IN FRISCO

Young artists will learn fine art fundamentals while having fun creating a finished oil painting each class that you'll be proud to frame and hang. Students learn color theory, perspective and composition with amazing finished results. All art supplies are furnished. Bring paper towels and wear an old t-shirt.

Code	Days	Dates	Times	Ages
<i>Winter Snowfall on Covered Bridge</i>				
1101.01	Tu	1/16	4:00 – 5:30pm	5 – 13
<i>Napa Valley Vineyards</i>				
1101.02	Sa	1/20	1:00 – 2:30pm	5 – 13
<i>Lighthouse in the Moonlight</i>				
1101.03	Tu	1/30	4:00 – 5:30pm	5 – 13
<i>Paris Street Scene</i>				
1101.04	Sa	2/10	1:00 – 2:30pm	5 – 13
<i>Underwater Reef with Tropical Fish</i>				
1101.05	Tu	2/20	4:00 – 5:30pm	5 – 13
<i>Dingle Bay in Ireland</i>				
1101.06	Sa	3/10	1:00 – 2:30pm	5 – 13
<i>Sunset in Maui with Palm Tree</i>				
1101.07	Tu	3/27	4:00 – 5:30pm	5 – 13
<i>Spring Creek with Bluebonnets</i>				
1101.08	Sa	4/14	1:00 – 2:30pm	5 – 13
<i>Old Grist Mill</i>				
1101.09	Tu	4/24	4:00 – 5:30pm	5 – 13
<i>Waterfall at Yellowstone</i>				
1101.10	Sa	5/12	1:00 – 2:30pm	5 – 13
Fee:	\$10			
Location:	Senior Center at Frisco Square			
Note:	Please bring a \$15 supply fee the first day of class.			

SPRING BREAK ART CAMP

Finally an art camp that teaches fine art and creativity – not just crafts. Young artists will learn fundamentals in realistic painting using oil, watercolor and acrylic, silk-screening on fabric and perspective drawing while completing eight projects your family will cherish. All art supplies are furnished, bring paper towels and wear an old t-shirt.

Code	Days	Dates	Times	Ages
1109.01	M – Th	3/12 – 3/15	9:15am – Noon	5 – 13
1109.02	M – Th	3/12 – 3/15	2:00 – 4:45pm	5 – 13
Fee:	\$50			
Location:	Youth Center Building			
Note:	Please bring a \$50 supply fee the first day of class.			

ART EXPLORATION

Creative Sculptures

Let your creativity flow as you roll, twist and cut soft clay to create unique miniature figures. Work with your hands to create favorite animals and birds, human figures, portraits and cartoon characters. New projects each lesson! Some supplies required prior to first day of class, please pick up a supplies list when you register.

Code	Days	Dates	Times	Ages
1104.01	M	1/08 – 2/12	8:00 – 9:00pm	6 – 13
1104.02	M	3/19 – 4/23	8:00 – 9:00pm	6 – 13
Fee:	\$90			
Location:	Senior Center at Frisco Square			

Fun With Cartoon and Animation

Simply put, a cartoon is a drawing that says something. Kids will have fun discovering their artistic talents while learning principles of animation techniques. The instructor will provide step-by-step demonstrations and advice on how to animate. Explorations of viewpoints, movements, faces and figures will illustrate ways to further develop your cartooning skills and imagination.

Code	Days	Dates	Times	Ages
1108.01	M	1/08 – 2/12	6:45 – 7:45pm	6 – 13
1108.02	M	3/19 – 4/23	6:45 – 7:45pm	6 – 13
Fee:	\$90			
Location:	Senior Center at Frisco Square			

Drawing

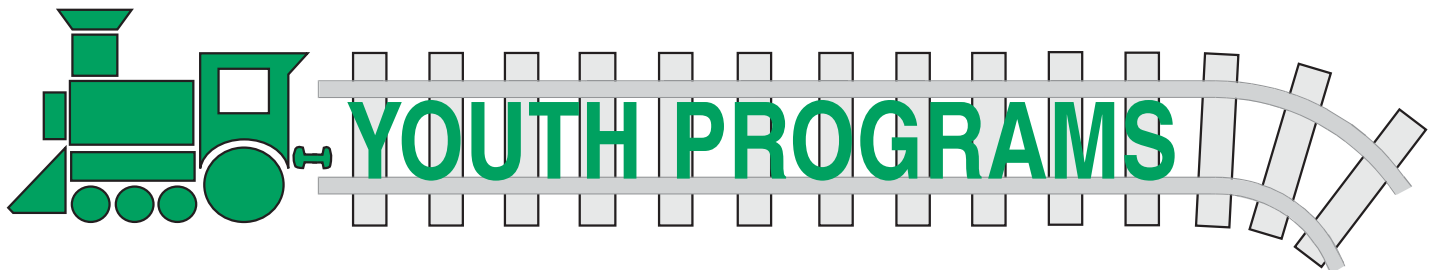
This is a brilliant program for aspiring artists! Explore a variety of art materials and media, and develop your artistic skills to create portraits, people, animals and cartoon characters while learning contour drawing, shading, composition, perspective, and more. Some supplies required prior to first day of class, please pick up a supplies list when you register.

Code	Days	Dates	Times	Ages
1105.01	W	1/10 – 2/14	6:45 – 7:45pm	6 – 13
1105.02	W	3/21 – 4/25	6:45 – 7:45pm	6 – 13
Fee:	\$90			
Location:	Senior Center at Frisco Square			

Teenagers Drawing Club

This course was created for teenagers using a step-by-step program from sketching to drawing portraits. This class emphasizes the classical method of education. Students will comprehend composition, air and linear perspective, laws of light and shadow.

Code	Days	Dates	Times	Ages
1110.01	W	1/10 – 2/14	8:00 – 9:00pm	12 – 17
1110.02	W	3/21 – 4/25	8:00 – 9:00pm	12 – 17
Fee:	\$90			
Location:	Senior Center at Frisco Square			



World of Illustrations for Kids

Learn the amazing art of illustrations! Create character, animal and human figure illustrations using inks, watercolor pencils, oil pastels, and color pencils. Some supplies required prior to first day of class, please pick up a supplies list

Code	Days	Dates	Times	Ages
1112.01	F	1/12 – 2/16	6:30 – 7:30pm	5 – 13
1112.02	F	3/23 – 4/27	6:30 – 7:30pm	5 – 13
Fee:	\$90			
Location:	Senior Center at Frisco Square			

ABRAKADOODLE®

Abrakadoodle takes an enlightened perspective to expanding children's creativity and their knowledge of the world of color, form and design. A comprehensive approach is taken to teach creativity, offering classes for painting, sculpture, collage, mosaics, sketching and more. These classes not only ignite a child's imagination, but they also build fine motor, language and cognitive skills. *Classes meet and exceed Texas and National standards for art education.*

Twoosy Doodlers

Abrakadoodle explores art and interacts with your little one during classes designed to excite and inspire young children. Each week, a new developmentally appropriate topic will be presented. Twoosy classes are designed to aid in the basic understanding of color and shape while exposing children to a wide variety of art mediums. Caregiver participation is requested for these classes.

Code	Days	Dates	Times	Ages
1100.01	W	1/17 – 2/07	10:00 – 10:35am	20 – 36 mo.
1100.02	W	2/14 – 3/07	10:00 – 10:35am	20 – 36 mo.
1100.03	W	3/21 – 4/11	10:00 – 10:35am	20 – 36 mo.
1100.04	W	4/18 – 5/09	10:00 – 10:35am	20 – 36 mo.
Fee:	\$55			
Location:	Youth Center			
Note:	\$10 supply fee due to instructor on the first day of class.			

Mini Doodlers

Each week, Abrakadoodle instructors will introduce a new artist or technique, complete a project reinforcing that introduction, and allow discussion of the artwork. Developmentally appropriate curriculum is used to guide students to explore a wide variety of mediums, improve motor skills and social interaction, and appreciate the beauty of one's own art.

Code	Days	Dates	Times	Ages
1100.11	W	1/17 – 2/07	10:45 – 11:30am	3 – 5
1100.12	W	2/14 – 3/07	10:45 – 11:30am	3 – 5
1100.13	W	3/21 – 4/11	10:45 – 11:30am	3 – 5
1100.14	W	4/18 – 5/09	10:45 – 11:30am	3 – 5
Fee:	\$55			
Location:	Youth Center			
Note:	\$10 supply fee due to instructor on the first day of class.			

Doodlers

Each week, Abrakadoodle instructors introduce a new artist or technique, guide students through a project reinforcing that introduction, and then facilitate discussion of the completed work. Classes teach children about art while exposing them to a wide variety of mediums and styles to expand their understanding of the world of art.

Code	Days	Dates	Times	Ages
1100.21	Sa	1/20 – 2/10	10:30 – 11:30am	6 – 12
1100.22	Sa	2/17 – 3/10	10:30 – 11:30am	6 – 12
1100.23	Sa	3/24 – 4/14	10:30 – 11:30am	6 – 12
1100.24	Sa	4/21 – 5/12	10:30 – 11:30am	6 – 12
Fee:	\$55			
Location:	Youth Center			
Note:	\$10 supply fee due to instructor on the first day of class.			

ABRAKADOODLE'S SPRING BREAK ART CAMPS

Doodler Camp

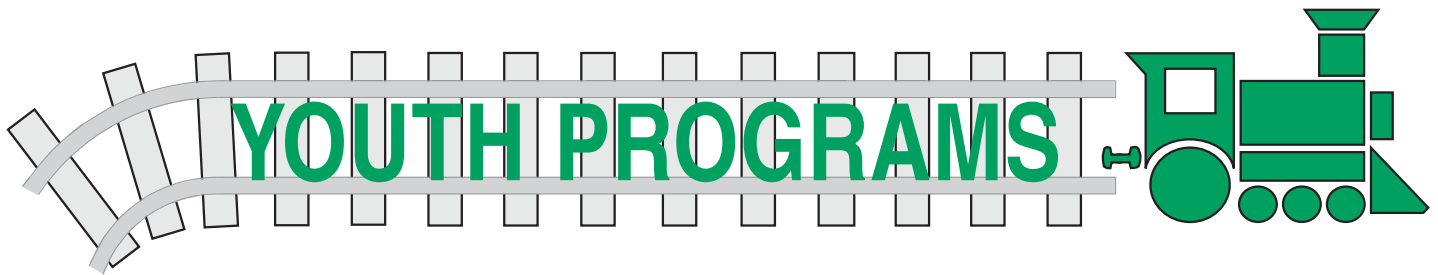
Impress Me! Using Abrakadoodle's art education curriculum, students will explore impressionist art and artists. During the camp, students will learn about impressionist artists and create their own works of art.

Code	Days	Dates	Times	Ages
1100.41	M	3/12	9:00am – Noon	3 – 5
Fee:	\$40			
Location:	Youth Center			
Note:	\$10 supply fee due to instructor on the first day of class.			

Mini Doodler Camp

Paint Me a Story! Using Abrakadoodle's Elementary art education curriculum, students will be read books and create their own artwork based on the books.

Code	Days	Dates	Times	Ages
1100.31	Th	3/15	9:00am – Noon	3 – 5
Fee:	\$40			
Location:	Youth Center			
Note:	\$10 supply fee due to instructor on the first day of class.			



HEALTH & FITNESS CLASSES

FRISCO GYMNASTICS CENTER

Preschool Gymnastics

Preschool Developmental Gymnastics classes include an obstacle course, preschool-size bars, balance beams, vault and trampolines. Requested attire includes leotards for girls and shorts and t-shirt for boys.

Code	Days	Dates	Times	Ages
2200.01	M	1/15 – 2/05	3:30 – 4:15pm	3 – 4
2200.02	M	1/15 – 2/05	5:30 – 6:15pm	3 – 4
2200.03	M	2/12 – 3/05	3:30 – 4:15pm	3 – 4
2200.04	M	2/12 – 3/05	5:30 – 6:15pm	3 – 4
2200.11	M	1/15 – 2/05	4:30 – 5:15pm	5 – 6
2200.12	M	1/15 – 2/05	6:30 – 7:15pm	5 – 6
2200.13	M	2/12 – 3/05	4:30 – 5:15pm	5 – 6
2200.14	M	2/12 – 3/05	6:30 – 7:15pm	5 – 6

Fee: \$65

Location: Frisco Gymnastics Center

Parent and Tot Fun and Fit

You and your child will have a delightful time together exploring and playing in the gym! Class includes movement and music time, playing on the tumbling obstacle course, bouncing on a trampoline, swinging on the bars and walking on the balance beam. Activities are designed to increase balance and coordination while putting a smile on your face.

Code	Days	Dates	Times	Ages
2203.01	M	1/15 – 2/05	9:30 – 10:15am	18 – 36 mo.
2203.02	Tu	1/16 – 2/06	9:30 – 10:15am	18 – 36 mo.
2203.03	M	2/12 – 3/05	9:30 – 10:15am	18 – 36 mo.
2203.04	Tu	2/13 – 3/06	9:30 – 10:15am	18 – 36 mo.
2203.05	M	3/26 – 4/16	9:30 – 10:15am	18 – 36 mo.
2203.06	Tu	3/27 – 4/17	9:30 – 10:15am	18 – 36 mo.

Fee: \$65

Location: Frisco Gymnastics Center

Back Handspring Clinic

This is a four- week class which will teach the skills required to for a back handspring. Participants will work on back handspring drills, standing and round off back handsprings. This class is open to boys and girls.

Code	Days	Dates	Times	Ages
2204.01	F	1/19 – 2/09	7:00 – 8:00pm	7 – 13
2204.02	F	4/06 – 4/27	7:00 – 8:00pm	7 – 13

Fee: \$70

Location: Frisco Gymnastics Center

Basic Tumbling Clinic

This is a four- week class which will teach participants the progression of basic tumbling skills. Participants will learn cartwheels, round offs, back kickovers, handstands and front handsprings. This class is open to boys and girls.

Code	Days	Dates	Times	Ages
2205.01	M	1/15 – 2/5	4:30 – 5:30pm	7 – 13
2205.11	M	2/12 – 3/5	4:30 – 5:30pm	7 – 13
2205.21	M	3/26 – 4/16	4:30 – 5:30pm	7 – 13

Fee: \$70

Location: Frisco Gymnastics Center

Spring Break Gymnastics Camp

New for the spring, Frisco Gymnastics is offering a half-day gymnastics and tumbling camp. Campers will learn skills on the trampoline, participate in group activities, play group games and learn the basics of tumbling. Must bring a sack lunch each day.

Code	Days	Dates	Times	Ages
2206.01	M – F	3/12 – 3/16	9:00am – 1:00pm	4 – 13

Fee: \$75 for M/W/F Camp

\$115 for M – F Camp

Location: Frisco Gymnastics Center

TAE KWON DO WITH MARK HENRY

Students learn to act swiftly when defending themselves, if necessary, with courage and commitment; develop a healthy spirit through proper mental and physical conditioning; and demonstrate respect and a positive attitude towards everyone. Instruction is continuous throughout the year with students advancing based upon their individual skills with registration on-going.

Code	Days	Dates	Times	Ages
Beginning Class				
2101.01	M/W	1/08 – 2/14	6:00 – 6:50pm	5 – 15
2101.02	M/W	2/19 – 3/28	6:00 – 6:50pm	5 – 15
2101.03	M/W	4/02 – 5/09	6:00 – 6:50pm	5 – 15

Intermediate Class

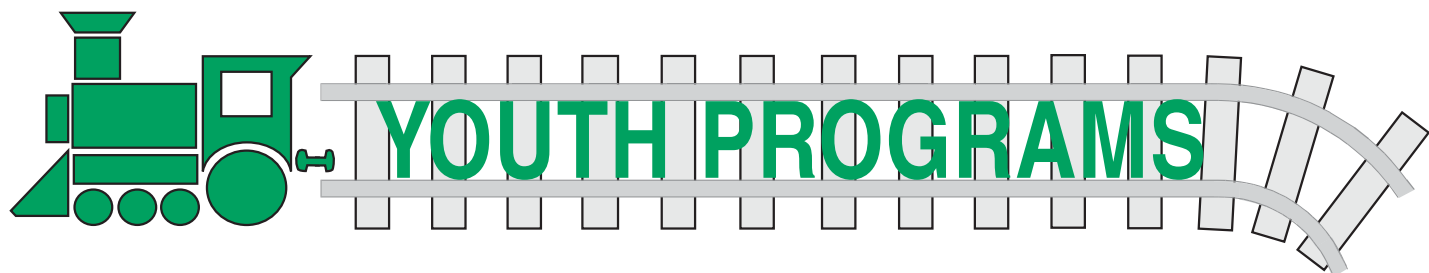
2102.01	M/W	1/08 – 2/14	6:50 – 7:40pm	5 – 15
2102.02	M/W	2/19 – 3/28	6:50 – 7:40pm	5 – 15
2102.03	M/W	4/02 – 5/09	6:50 – 7:40pm	5 – 15

Advanced Class

2103.01	M/W	1/08 – 2/14	7:40 – 8:30pm	5 – 15
2103.02	M/W	2/19 – 3/28	7:40 – 8:30pm	5 – 15
2103.03	M/W	4/02 – 5/09	7:40 – 8:30pm	5 – 15

Fee: \$70

Location: Senior Center at Frisco Square



ETIQUETTE & FASHION CLASSES

BUILDING IMAGES STUDIOS

One of the goals of Building Images Studios is to help parents, kids and teens develop participants strong self-esteem and confidence. Classes are designed to enable participants to become socially comfortable and proficient in handling a wide variety of social interactions and situations.

Etiquette – Image is Everything!

Individuals are empowered with high self esteem and self worth. Participants learn introductions, dining skills, telephone skills, poise, posture, confidence, personal body care and more. Individuals leave these sessions empowered intellectually and emotionally. Great for young men and young ladies!

Code	Days	Dates	Times	Ages
1503.01	Sa	1/20	10:00am – Noon	6 – 18
1503.02	Sa	2/03	1:30 – 3:30pm	6 – 18
1503.03	Sa	2/17	10:00am – Noon	6 – 18
1503.04	Sa	3/10	1:30 – 3:30pm	6 – 18
1503.05	Sa	4/14	10:00am – Noon	6 – 18

Fee: \$35

Location: Building Images Studios

Etiquette Camp

This fun interactive approach to social graces is anything but boring. Students develop inner strength and personal power as they discuss introductions, dining etiquette, body language, poise, posture and confidence, personal body care (skin-nails-hair), wardrobe and more. Students receive a certificate at completion. Class includes a light lunch.

Code	Days	Dates	Times	Ages
1506.01	M – F	3/05 – 3/09	8:00am – Noon	6 – 17
1506.02	M – F	3/12 – 3/16	8:00am – Noon	6 – 17

Fee: \$125

Location: Building Images Studios

Mother & Daughter Valentine's Tea

Mothers and their daughters have fun at the enchanting Building Images Studios as they dress up in hats, gloves, and boas provided by the Studio! Once they are dressed to the nines, they participate in a fashion show and enjoy a beautiful light lunch complete with all the holiday sweets! Everyone receives a beautiful gift to take home.

Code	Day	Dates	Times	Ages
1502.01	Sa	2/10	10:30am – Noon	6+
1502.02	Sa	2/10	1:30 – 3:00pm	6+

Fee: \$25 per person

Location: Building Images Studios

Teen Makeup 101

We will teach you how to apply every day make-up, prom and stage make-up. Make-up should enhance your beauty not cover it up. This is a hands on class and every student learns what looks good on them! Learn why you should never sleep in makeup and more secrets of good skin care. This is not a sales class, as the program is taught by professional makeup artist. Participants receive a free makeup gift kit.

Code	Days	Dates	Times	Ages
4108.01	Sa	1/13	10:00am – Noon	11 – 18
4108.02	Tu	1/23	5:00 – 7:00pm	11 – 18
4108.03	Sa	3/24	1:30 – 3:30pm	11 – 18
4108.04	Sa	4/28	1:30 – 3:30pm	11 – 18

Fee: \$35

Location: Building Images Studios

Modeling 101

Participants have fun as they learn their unique style. This program is designed to increase confidence and self-esteem. This program is taught by a professional model and pageant winner. Students will leave with improved posture and the confidence to soar in any area of their life! Requested attire is casual clothing with a pair of smooth bottom shoes for boys and girls.

Code	Days	Dates	Times	Ages
4102.01	Sa	1/20	1:30 – 3:30pm	6 – 18
4102.02	Sa	2/03	10:00am – Noon	6 – 18
4102.03	Sa	2/17	1:30 – 3:30pm	6 – 18
4102.04	Sa	3/10	10:00am – Noon	6 – 18
4102.05	Sa	4/14	1:30 – 3:30pm	6 – 18

Fee: \$35

Location: Building Images Studios

AdvanceD Modeling

Recommended for students who have completed Modeling 101. This is an advance fast pace class. Students work on movement and their unique style. Body language and communication is discussed. Students discuss what type of clothing works best with their body type. Students have fun as they learn advance runway techniques and photo posing.

Code	Days	Dates	Times	Ages
4103.01	Sa	3/24	10:00am – Noon	6 – 18
4103.11	Sa	4/28	10:00am – Noon	6 – 18

Fee: \$35

Location: Building Images Studios

YOUTH PROGRAMS

COMPLIMENTS

Charming Darlings

Polite conduct, behavior and the importance of etiquette are addressed with a focus on conversation and listening skills, thank you notes, guests, table manners and common courtesies during this fun and interactive class. Place settings, light meal, workbook and commemorative keepsake are included for a delightful and memorable experience.

Code	Days	Dates	Times	Ages
1501.01	Sa	2/03	1:30 – 3:30pm	6 – 8
1501.02	Sa	3/31	1:30 – 3:30pm	6 – 8
1501.03	Sa	5/12	1:30 – 3:30pm	6 – 8
Fee:	\$32			
Location:	Senior Center at Frisco Square			

Social Diplomats

Children are invited to enhance their social skills in a class with the goal to foster an appreciation of the benefits of practicing good manners. Topics covered include showing respect, proper introductions, giving and receiving gifts, duties of the young host/hostess, telephone etiquette and more. A light meal and place settings will be provided to review table manners. Attendees will receive a workbook and keepsake.

Code	Days	Dates	Times	Ages
1504.01	Sa	3/03	1:30 – 3:30pm	9 – 10
1504.02	Sa	5/05	1:30 – 3:30pm	9 – 10
Fee:	\$32			
Location:	Senior Center at Frisco Square			

PERSONAL ENRICHMENT CLASSES

SUPER SITTERS! BABYSITTER'S TRAINING COURSE

This American Red Cross program will teach you how to become a responsible babysitter through learning about children's needs. Instruction includes rescue breathing, conscious choking, and other important information to help prepare babysitters for an emergency situation. Students who complete the course receive a handbook of information and activities to use as a reference. Students should bring a sack lunch.

Code	Days	Dates	Times	Ages
1402.11	Sa	2/17	9:00am – 3:00pm	11 – 14
1402.21	Sa	3/17	9:00am – 3:00pm	11 – 14
1402.31	Sa	4/14	9:00am – 3:00pm	11 – 14
1402.41	Sa	5/12	9:00am – 3:00pm	11 – 14
Fee:	\$68			
Location:	Senior Center at Frisco Square			

BUILD A CUSTOM SKATEBOARD

Skateboarding is America's fastest growing sport! Over 100+ kids have already gotten the "Right Start". Price includes basic instruction on choosing a stance, starting/stopping techniques, all materials to build a pro-style skateboard, resources for safety equipment and local skate parks, stickers, and more. Parents should attend with youth to help with assembly. Please bring \$40 the first day of class for supplies.

Code	Days	Dates	Times	Ages
3202.01	Sa	4/21	3:00 – 4:00pm	6 – 12
Fee:	\$25			
Location:	Senior Center at Frisco Square			



BABY SIGNS®

Join thousands of families who have already discovered the magic of using the Baby Signs® Program to talk with babies before they can talk! Two decades of research has proven that using this program reduces frustration, strengthens the parent & infant bond, helps babies learn to talk, and promotes positive emotional and intellectual development.

The Parent Workshop

This one-time, two-hour workshop is designed for expectant parents and parents of children from birth to 24 months. You will learn everything you need to know to discover the magic of using sign language to talk with babies before they can talk! Bring a \$35 materials fee to class for the Parent Kit which includes Parent Guide, 2 DVDs, Signs at a Glance Flipper, and bookmarks.

Code	Days	Dates	Times	Ages
4200.01	Tu	3/13	7:00 – 9:00pm	18+
Fee:	\$20			
Location:	Senior Center at Frisco Square			

The Sign, Say and Play™

This six-week play class includes fun games, songs, and activities that highlight over 40 signs as well as important developmental skills. Each week will focus on a different theme including Mealtime, Bedtime, Bath time, Getting Dressed, Pets, and At the Park. Bring a \$70 materials fee to the first class for your take-home kit which includes BeeBo's Play Pack, Fun Signs DVD and board books, Quick Reference Guide, and music CD and songbook.

Code	Days	Dates	Times	Ages
4201.01	F	3/30 – 5/11	3:00 – 4:00pm	6 – 36 mo.
Fee:	\$75			
Location:	Alumni Hall Fitness Center – Room A112			



SPECIAL EVENTS



Daddy Daughter Dance

**Registration is in person or online only.
Mail-in registrations will not be accepted.
Tickets will not be sold at the event.**

The Daddy Daughter Dance is one of Frisco's premier events and we are proud to boast it is one of the largest in the nation! The 11th Annual Daddy Daughter Dance is just as special to our staff as it is to your family. The dance will be held in the beautiful ballroom at the Frisco Conference Center. A third dance has been added this year to allow for more dancers to enjoy this special evening.

Date: Saturday, February 17

Location: Frisco Conference Center
7600 John Q. Hammons Drive

Dance Times:

Ages 4 – 6	4 – 5:30pm
Ages 7 – 9	6 – 7:30pm
Ages 10 – 12	8 – 9:30pm

(Ages are recommendations only, not restrictions.)

Dance Fee: \$10 per ticket (\$2 convenience fee will be assessed to tickets purchased online)

Parking: Limited FREE Parking
A FREE Shuttle service will be provided from the Dr Pepper Ballpark Parking Garage – \$3 per vehicle
Valet Service – \$12 per vehicle

Theme: "Once Upon a Time..."

Ticket Information:

TICKETS ARE LIMITED & WILL SELL OUT QUICKLY!

Tickets may be purchased online beginning Monday, January 15 with a Visa or MasterCard by visiting FriscoFun.org. Walk-in tickets go on sale beginning Saturday, January 20 at the Superdome, 9700 Wade Blvd., on the campus of Collin County Community College from 8:00am to 3:00pm. Any remaining tickets will be sold during regular business hours at the Alumni Hall Fitness Center or online at www.FriscoFun.org. Tickets will not be sold at the event.

Innovative Images will be onsite to commemorate your special night with professional portraits. Portraits are \$20 (CASH or CHECK ONLY) and include two 5x7 prints and eight wallets.

15th ANNUAL EASTER EGGSTRAVAGANZA

Rumor has it that the Easter Bunny will leave more eggs in Frisco this year than ever before! More than **45,000** Easter eggs will be up for grabs at the largest egg hunt in Frisco – so kids don't forget your baskets. There will be great photo opportunities as families play games, make holiday crafts and visit with Mr. and Mrs. Cotton Tail.

Date: Saturday, March 24

Location: Warren Sports Complex

Time: 9:00am – Noon

EGG HUNT begins promptly at 10:30am

Ages: Up to 12 years

Rain-out Date: Saturday, March 31, egg hunt only begins promptly at 10:30am Warren Sports Complex – Baseball Fields

This is a free event sponsored by the City of Frisco Parks & Recreation Department & local businesses.

Easter Bonnet & Tie Contest

Make and decorate an Easter bonnet or necktie and enter the contest to compete for prizes! Contest is open to all ages! Visit www.FriscoFun.org for more information beginning March 5th.

Frisco Fun, Live and In-Person!

What is going on in the City of Frisco? What classes will be offered this summer? Find out at the Summer Programs Expo! You will receive information on upcoming athletic, aquatic, and recreation programs as well as special events. Instructors will be on site to meet prospective participants!

New Event!

Lunch with the Easter Bunny

Mr. and Mrs. Bunny invite kids ages 2-5 to hop on over to Frisco Commons Park for lunch! Participants will enjoy a picnic lunch, music, pictures, and Easter crafts. At least one parent or responsible adult must attend with each child.

Date: Saturday, March 31

Location: Frisco Commons Park (the event will be moved to the Senior Center at Frisco Square if there is inclement weather)

Time: 11:00am – 1:00pm

Ages: 2 – 5

Fee: \$12 for children; \$10 for extra adult meals

SPECIAL EVENTS

BATTLE OF THE BANDS

Attention Musicians! Are you tired of playing only in your garage? This is an opportunity to test your talent against your peers while playing in front of an audience! Bands will be scored by a panel of judges. The top three winners will win prizes. The winning band will receive a prize package including: performing at Rockin' the Park, performing at Frisco FreedomFest, t-shirts, trophy, recording a c.d., and a cash prize! Performances will begin at 12:00 noon and run through 7:30 pm.



The top three bands will be chosen, and a Winner's Concert will be held beginning at 8:00 pm. A final winner will be chosen from the final group of three, and crowned as the 2007 Frisco Battle of the Bands Champions!

Date: Saturday March 10, 2007

Time: 12:00 PM (may begin later depending on number of bands)

Fee: \$75 per band (bands must have at least three members, and at least one member of the band **MUST** live or attend school in Frisco) Bands not advancing to the live play round will have 100% of their fee refunded.

Location: Harold Bacchus Community Park (formerly called Southeast Community Park)

Field: Rusty Greer/Texas Rangers Championship Field

Ages: 20 and under

Registration: Registration forms will be available online at www.friscofun.org starting January 9th. Please call 972-335-5517 for more information.

For the preliminary round, please submit the registration form, payment, and a recording (tape or CD) of your band performing. A panel of judges will select the top 18 bands to perform at the Battle of the Bands. All other bands will have their \$75 refunded.



Rockin' the Park

The Frisco Parks and Recreation Department has joined forces with the Collin County Songwriters' Association to offer the **3rd Annual Rockin' the Park**. Stop by the **Frisco Commons Amphitheater** to enjoy live original music. Bring a picnic, and stay for a while! For more information, visit: www.CCsongwriters.org.

Saturday, April 28, 2007 • Music begins at 4:00 pm
All music is family-friendly! • Free!

Frisco Grooves



Frisco Grooves returns for its second season! Visit Warren Sports Complex every Friday in June. Bring the kids in a wagon and lawn chairs or a quilt. Enjoy live music in a simple, natural, laid-back atmosphere. Concessions will be available, or pack a picnic! Look for the schedule of music performers beginning in April.

TRICK-A-TROUT! Kid Fish

Presented By: Frisco Parks & Recreation Department
Bobby Johnson, Jr.

Bring your kids and enjoy a **FREE** morning of fishing & family fun! The Frisco Parks & Recreation Department is releasing **2,000 Rainbow Trout** in the pond at Frisco Commons Park. The event is designed for kids.

Date: Saturday, February 3

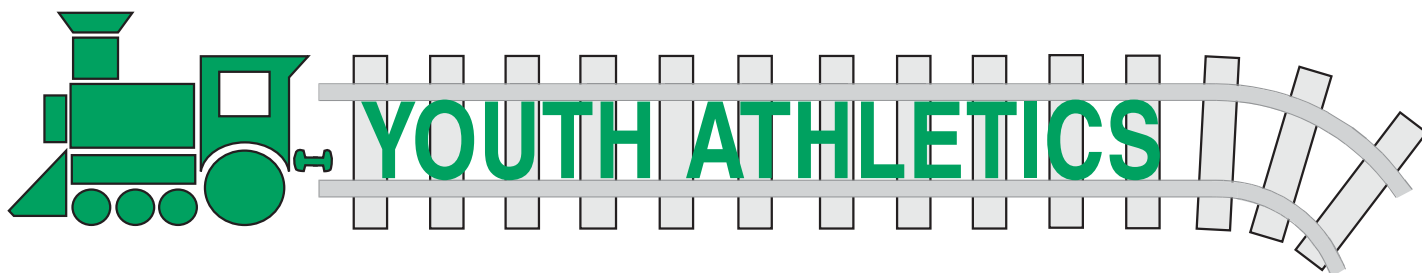
Location: Frisco Commons, 8000 McKinney Road

Time: Kids fish only from 8:00am – 11:00am
Fishing is open to the general public after 11:00am



Bring your own bait, tackle & stringer!





FRISCO TENNIS SCHOOL

Frisco Tennis School is in your neighborhood with clinics at eight locations throughout the city. Beginning players will have a blast learning the sport of a lifetime, and advanced players gain skills as they train for school and tournament play. Basic fundamentals are taught in a fun, encouraging environment. Rackets are provided if needed. Frisco Tennis School is a cooperative effort between the Frisco ISD and the City of Frisco to offer affordable programming on public courts. Each session is four weeks long. Make-ups for inclement weather or illness should be made up during each session. All participants should bring a water bottle and wear comfortable clothing with court shoes.

Pee Wee: Designed for ages 4 – Kindergarten.

Code	Days	Dates	Times	Location
2410.11	Tu	3/20 – 4/10	3:45 – 4:30pm	Shawnee*
2410.12	W	3/21 – 4/11	4:00 – 4:45pm	Clark MS
2410.13	Sa	3/24 – 4/14	9:00 – 9:45am	Wester MS
2410.21	Tu	4/17 – 5/08	3:45 – 4:30pm	Shawnee*
2410.22	W	4/18 – 5/09	4:00 – 4:45pm	Clark MS
2410.23	Sa	4/21 – 5/12	9:00 – 9:45am	Wester MS

Fee: \$49 for a one-day per week session

\$75 for a two-day per week session

Note: No class the week of 3/12 – 3/17.

*Shawnee Trail Park

Elementary Sessions: Designed for 1st – 5th graders.

Code	Days	Dates	Times	Location
2411.01	M	2/12 – 3/05	6:15 – 7:00pm	Pioneer MS
2411.02	M	2/12 – 3/05	4:00 – 4:45pm	Griffin MS
2411.03	W	2/14 – 3/07	4:00 – 4:45pm	Clark MS
2411.04	Th	2/15 – 3/08	4:00 – 4:45pm	Wester MS
2411.05	Th	2/15 – 3/08	6:15 – 7:00pm	Roach MS
2411.06	Sa	2/17 – 3/10	9:00 – 9:45am	Warren**
2411.11	M	3/19 – 4/09	6:15 – 7:00pm	Pioneer MS
2411.12	M	3/19 – 4/09	4:00 – 4:45pm	Griffin MS
2411.13	Tu	3/20 – 4/10	4:30 – 5:15pm	Shawnee *
2411.14	W	3/21 – 4/11	4:00 – 4:45pm	Clark MS
2411.15	Th	3/22 – 4/12	4:00 – 4:45pm	Wester MS
2411.16	Th	3/22 – 4/12	6:15 – 7:00pm	Roach MS
2411.17	Sa	3/24 – 4/14	9:00 – 9:45am	Warren**
2411.21	M	4/16 – 5/07	6:15 – 7:00pm	Pioneer MS
2411.22	M	4/16 – 5/07	4:00 – 4:45pm	Griffin MS
2411.23	Tu	4/17 – 5/08	4:30 – 5:15pm	Shawnee*
2411.24	W	4/18 – 5/09	4:00 – 4:45pm	Clark MS
2411.25	Th	4/19 – 5/10	4:00 – 4:45pm	Wester MS
2411.26	Th	4/19 – 5/10	6:15 – 7:00pm	Roach MS
2411.27	Sa	4/21 – 5/12	9:00 – 9:45am	Warren**

Fee: \$49 for a one-day per week session

\$75 for a two-day per week session

\$95 for a three-day per week session

Note: No class the week of 3/12 – 3/17.

*Shawnee Trail Park **Warren Sports Complex

Advanced Elementary Sessions: Designed for advanced 1st – 5th graders that have completed at least two sessions of the Elementary Class.

Code	Days	Dates	Times	Location
2412.01	M	2/12 – 3/05	5:15 – 6:15pm	Griffin MS
2412.02	W	2/14 – 3/07	6:00 – 7:00pm	Clark MS
2412.03	Th	2/15 – 3/08	5:15 – 6:15pm	Roach MS
2412.04	Sa	2/17 – 3/10	9:45 – 10:45am	Warren*
2412.11	M	3/19 – 4/09	5:15 – 6:15pm	Griffin MS
2412.12	W	3/21 – 4/11	6:00 – 7:00pm	Clark MS
2412.13	Th	3/22 – 4/12	5:15 – 6:15pm	Roach MS
2412.14	Sa	3/24 – 4/14	9:45 – 10:45am	Warren*
2412.21	M	4/16 – 5/07	5:15 – 6:15pm	Griffin MS
2412.22	W	4/18 – 5/09	6:00 – 7:00pm	Clark MS
2412.23	Th	4/19 – 5/10	5:15 – 6:15pm	Roach MS
2412.24	Sa	4/21 – 5/12	9:45 – 10:45am	Warren*

Fee: \$55 for a one-day per week session

\$79 for a two-day per week session

\$99 for a three-day per week session

Note: No class the week of 3/12 – 3/17.

*Warren Sports Complex

Junior High Sessions: Designed for 6th – 8th graders

Code	Days	Dates	Times	Location
2413.01	M	2/12 – 3/05	4:45 – 6:00pm	Griffin MS
2413.02	W	2/14 – 3/07	4:45 – 6:00pm	Clark MS
2413.03	Th	2/15 – 3/08	4:00 – 5:15pm	Roach MS
2413.04	Sa	2/17 – 3/10	9:45 – 11:00am	Wester MS
2413.11	M	3/19 – 4/09	4:45 – 6:00pm	Griffin MS
2413.12	W	3/21 – 4/11	4:45 – 6:00pm	Clark MS
2413.13	Th	3/22 – 4/12	4:00 – 5:15pm	Roach MS
2413.14	Sa	3/24 – 4/14	9:45 – 11:00am	Wester MS
2413.21	M	4/16 – 5/07	4:45 – 6:00pm	GriffinMS
2413.22	W	4/18 – 5/09	4:45 – 6:00pm	Clark MS
2413.23	Th	4/19 – 5/10	4:00 – 5:15pm	Roach MS
2413.24	Sa	4/21 – 5/12	9:45 – 11:00am	Wester MS

Fee: \$59 for a one-day per week session

\$85 for two-days per week session

\$99 for a three-day per week session

Note: No class the week of 3/12 – 3/17.

YOUTH ATHLETICS

Junior High Tournament Level Sessions: *Designed for advanced 6th – 8th graders who are “tournament ready.”*

Code	Days	Dates	Times	Location
2414.01	M	2/12 – 3/05	4:00 – 5:15pm	Pioneer MS
2414.02	W	2/14 – 3/07	4:45 – 6:00pm	Clark MS
2414.03	Th	2/15 – 3/08	4:45 – 6:00pm	Wester MS
2414.11	M	3/19 – 4/09	4:00 – 5:15pm	Pioneer MS
2414.12	W	3/21 – 4/11	4:45 – 6:00pm	Clark MS
2414.13	Th	3/22 – 4/12	4:45 – 6:00pm	Wester MS
2414.21	M	4/16 – 5/07	4:00 – 5:15pm	Pioneer MS
2414.22	W	4/18 – 5/09	4:45 – 6:00pm	Clark MS
2414.23	Th	4/19 – 5/10	4:45 – 6:00pm	Wester MS

Fee: \$59 for a one-day per week session
\$85 for a two-day per week session
\$99 for a three-day per week session

Note: No class the week of 3/12 – 3/17.

SKYHAWKS PROGRAMS

Skyhawks programs for 3 and 4 year olds help children fine-tune their motor skills in soccer and basketball. No pressure, just lots of fun while these tiny athletes learn the basics through unique Skyhawks games. The coaching staff is trained to meet the special needs of young children and is committed to creating a positive introduction to sports. Children must be potty trained to attend. All participants should bring a water bottle and wear comfortable clothing with court shoes. Shin guards are recommended for soccer. Each participant will receive a ball and a merit award signed by their coach.

Sport	Code	Days	Dates	Times	Location
Soccer	2900.01	Th	2/01 – 2/22	3:00 – 3:45pm	AHFC*
Basketball	2903.01	Th	2/01 – 2/22	4:00 – 4:45pm	AHFC*
Basketball	2903.02	Tu	3/06 – 4/03	3:00 – 3:45pm	AHFC*
Soccer	2900.02	Tu	3/06 – 4/03	4:00 – 4:45pm	AHFC*

Fee: \$35

Note: No class 3/13.

Note: All participants should bring a water bottle and wear comfortable clothing with court shoes. Shin guards are recommended for soccer. Each participant will receive a ball, t-shirt and a merit award signed by their coach.

*Alumni Hall Fitness Center

“THE ICE AT STONEBRIAR” ICE SKATING CLASSES

Tot Classes:

This session is designed for toddlers as an introduction to the world of ice-skating. Tots will learn how to fall down and get up, march in place, march while skating and learn a beginning two-foot glide. Ice skates and professional instruction included. Mittens, gloves and warm, loose apparel suggested.

Code	Days	Dates	Times	Ages
1900.01	M	2/05 – 3/12	4:30 – 5:00pm	3 – 5
1900.02	Tu	2/06 – 3/13	10:00 – 10:30am	3 – 5
1900.03	Th	2/08 – 3/15	4:30 – 5:00pm	3 – 5
1900.04	Sa	2/10 – 3/17	12:15 – 12:45pm	3 – 5
1900.11	M	3/19 – 4/23	4:30 – 5:00pm	3 – 5
1900.12	Tu	3/20 – 4/24	10:00 – 10:30am	3 – 5
1900.13	Th	3/22 – 4/26	4:30 – 5:00pm	3 – 5
1900.14	Sa	3/24 – 4/28	12:15 – 12:45pm	3 – 5

Fee: \$72

Location: The Ice @ Stonebriar Centre

Beginner Classes: 6 – 12 years of age

This session will teach the basic techniques of ice-skating. Each skater will learn two foot glides, dips, backward wiggles, a rocking horse and snow plow stop. Ice skates and professional instruction included. Mittens, gloves and warm, loose apparel suggested.

Code	Days	Dates	Times	Ages
1901.01	M	2/05 – 3/12	4:30 – 5:00pm	6 – 12
1901.02	Tu	2/06 – 3/13	10:00 – 10:30am	6 – 12
1901.03	Th	2/08 – 3/15	4:30 – 5:00pm	6 – 12
1901.04	Sa	2/10 – 3/17	12:15 – 12:45pm	6 – 12
1901.11	M	3/19 – 4/23	4:30 – 5:00pm	6 – 12
1901.12	Tu	3/20 – 4/24	10:00 – 10:30am	6 – 12
1901.13	Th	3/22 – 4/26	4:30 – 5:00pm	6 – 12
1901.14	Sa	3/24 – 4/28	12:15 – 12:45pm	6 – 12

Fee: \$72

Location: The Ice @ Stonebriar Centre

FRISCO SPORTS COUNCIL

The Frisco Sports Council is comprised of several youth sports associations, which are volunteer service organizations that implement and manage youth athletic leagues, tournaments, and programs for Frisco's youth population. These organizations are not managed by the City of Frisco, however, partnerships with the city have been formed to provide and maintain practice and game fields for these organizations.



Frisco Football League
www.friscofootballleague.com
972-943-4335



Frisco Amateur Summer Swim Team
www.swimfasst.org
214-335-8081



Miracle League of Frisco
www.friscomiracleleague.org
214-205-4673



Frisco Bombers Wrestling Club
www.friscobombers.com
214-789-5002



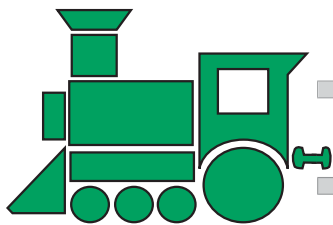
Frisco Aquatics Swim Team
www.friscoaquatics.com
214-681-6922



Frisco Baseball/Softball Association
www.fbasa.org
972-712-BATT



Frisco Soccer Association
www.friscosoccer.org
972-712-GOAL



ADULT PROGRAMS

DANCE CLASSES

SHEENA'S DANCE ACADEMY

Bring your dancing shoes to Sheena's Dance Academy and experience the action, fun, and health benefits of our adult dance classes. Instructors provide both individual and group instruction. All classes are conducted at Sheena's Dance Academy located at 7975 Stonebrook Parkway.

Swing & Salsa Time

Code	Days	Dates	Times	Ages
3700.01	M	1/29 – 3/05	8:00 – 8:45pm	18+
Fee:	\$65 per couple, \$55 per individual			
Attire:	Comfortable clothing, smooth soled shoes. Rubber soles not suggested.			

Country Western

Code	Days	Dates	Times	Ages
3701.01	Tu	1/30 – 3/06	8:00 – 8:45pm	18+
Fee:	\$55 per individual, \$65 per couple			
Attire:	Comfortable clothing, smooth soled shoes. Rubber soles not suggested.			

Ballet Class

Code	Days	Dates	Times	Ages
3702.01	W	1/31 – 3/07	7:30 – 8:30pm	18+
Fee:	\$60			
Attire:	Leotard, tights, pink leather ballet shoes. Ballet skirt permitted.			

Jazz & Hip Hop Class

Code	Days	Dates	Times	Ages
3703.01	Tu	1/30 – 3/06	7:15 – 8:00pm	18+
Fee:	\$55			
Attire:	Comfortable athletic wear. Jazz shoes recommended.			

Tap Class

Code	Days	Dates	Times	Ages
3704.01	Tu	1/30 – 3/06	8:00 – 8:45pm	18+
Fee:	\$55			
Attire:	Comfortable athletic/dance wear and black tap shoes.			

BALLROOM DANCING

Beginner Ballroom Dancing – Learn how to Dance Like the Stars! Learn the fun, fast and easy way to glide across the floor with your partner or jump, jive and wail to the east coast swing. This introductory course includes waltz, swing, foxtrot, rumba, chacha, tango and salsa.

Code	Days	Dates	Times	Ages
3705.01	Th	2/01 – 3/29	8:00 – 9:00pm	14+
3705.02	Th	4/05 – 5/24	8:00 – 9:00pm	14+
Fee:	\$95 per couple/ \$50 per individual			
Location:	Senior Center at Frisco Square			

BELLY DANCING

Explore the art and beauty of belly dance with influences from global cultures blended with modern techniques for a unique belly dance experience. Learn basic steps with a dance conditioning workout in addition to a dance routine combining the movements learned.

Code	Days	Dates	Times	Ages
3707.01	F	2/02	6:00 – 7:00pm	18+
3707.02	F	3/02	6:00 – 7:00pm	18+
3707.03	F	5/04	6:00 – 7:00pm	18+
Fee:	\$15			
Location:	Alumni Hall Fitness Center – Aerobics Room			

HEALTH & FITNESS CLASSES

PILATES

This fitness class is designed to strengthen your core by incorporating breathing techniques through sustained body positions. The class will consist of stretching, Pilates mat work and cool down. Great for moms in the morning!

Code	Days	Dates	Time	Ages
1808.01	M/W/F	1/29 – 3/09	10:00 – 11:00am	18+
Fee:	\$75			
Location:	Frisco Dance Force			

BEGINNERS YOGA

Would you like to improve your strength, flexibility and endurance? Do you need to reduce stress in your life? Beginners Yoga includes stretching, bending and twisting exercises, and relaxation techniques. No yoga training or experience needed.

Code	Days	Dates	Times	Ages
1802.01	Tu	On-going	7:00 – 8:00pm	16+
1802.02	Th	On-going	8:00 – 9:00pm	16+
Fee:	\$40 for 8 consecutive classes			
Location:	Alumni Hall Fitness Center – Aerobics Room			

JAZZERCISE!

Improve your health and fitness while having fun and making new friends! Jazzercise incorporates the latest dance moves with the best of Pilates, kick-boxing and yoga for a total body aerobic workout that focuses on cardio, strength, stretching, weight loss and muscle toning. Low-impact and intensity options offered at every class. Bring a mat and hand weights.

Code	Days	Dates	Times	Ages
8 Week Class				
1800.01	Tu/Th	On-going	6:00 – 6:50pm	17+
4 Week Class				
1801.01	Tu/Th	On-going	6:00 – 6:50pm	17+
Fee:	\$72 for 16 consecutive classes \$44 for 8 consecutive classes			
Location:	Alumni Hall Fitness Center – Aerobics Room			



BOOT CAMP FITNESS

Boot Camp Fitness is a high-energy workout designed to increase strength, cardiovascular endurance, balance, agility, and flexibility. Various fitness games, relays, group challenges, and obstacle courses will be incorporated to develop teamwork and motivation. Workouts will be structured to accommodate those of all fitness levels. Body fat percentage will be measured before and after each four-week period. Nutritional evaluation and guidance as well as a food and exercise journal are included with the course.

Code	Days	Dates	Times	Ages
1804.01	M/W/F	1/15 – 2/09	6:00 – 7:00am	16+
1804.02	M/W/F	2/19 – 3/16	6:00 – 7:00am	16+
1804.03	M/W/F	3/26 – 4/20	6:00 – 7:00am	16+
1804.04	M/W/F	4/30 – 5/25	5:30 – 6:30am	16+

Fee: \$160

Location: Warren Sports Complex

STROLLER FIT – EXERCISE WITH YOUR BABY

Turn your stroller into a portable fitness machine so you can exercise with your baby. Enjoy a 50 minute total body workout focusing on cardiovascular conditioning and strength training, all while spending time with your baby. Babies/Toddlers will enjoy singing, bilingual counting, bubbles, ABC's and lots of fun. Meet and enjoy the company of other moms, all while getting fit. A one time \$50 supply fee is due on the first day.

Code	Days	Dates	Times	Ages
1807.01	M/W	3/19 – 3/28*	9:30 – 10:20am	18+
1807.02	M/W	4/02 – 4/25	9:30 – 10:20am	18+
1807.03	M/W	4/30 – 5/24	9:30 – 10:20am	18+

Fee: \$80

Location: Frisco Commons Park

Note: *March fee is \$40.

TAE KWON DO

Students will gain strength, endurance, mobility, reaction time, flexibility, and balance as they learn to act swiftly when defending themselves, if necessary, with courage and commitment.

Code	Days	Dates	Times	Ages
3400.01	T/Th	1/09 – 2/15	7:00 – 7:50pm	16+
3400.11	T/Th	2/20 – 3/29	7:00 – 7:50pm	16+
3400.21	T/Th	4/03 – 5/10	7:00 – 7:50pm	16+

Fee: \$70

Location: Senior Center at Frisco Square

ART EXPLORATION CLASSES

YOU CAN PAINT

Even if you've never held a brush or can't draw a straight line, you can learn to paint with oils under the guidance of a professional artist with over 25 years of teaching experience. Each class is taught step-by-step, with emphasis on color mixing and brush loading techniques which will enable even beginners to start and finish a painting suitable for framing. All art materials are furnished. Bring paper towels and wear old clothes.

Code	Days	Dates	Times	Ages
<i>Winter Snowfall on Covered Bridge</i>				
1000.01	Tu	1/16	6:00 – 9:00pm	14+
<i>Napa Valley Vineyards</i>				
1000.02	Sa	1/20	9:30am – 12:30pm	14+
<i>Lighthouse in the Moonlight</i>				
1000.03	Tu	1/30	6:00 – 9:00pm	14+
<i>Paris Street Scene</i>				
1000.04	Sa	2/10	9:30am – 12:30pm	14+
<i>Underwater Reef with Tropical Fish</i>				
1000.05	Tu	2/20	6:00 – 9:00pm	14+
<i>Dingle Bay in Ireland</i>				
1000.06	Sa	3/10	9:30am – 12:30pm	14+
<i>Sunset in Maui with Palm Tree</i>				
1000.07	Tu	3/27	6:00 – 9:00pm	14+
<i>Spring Creek with Bluebonnets</i>				
1000.08	Sa	4/14	9:30am – 12:30pm	14+
<i>Old Grist Mill</i>				
1000.09	Tu	4/24	6:00 – 9:00pm	14+
<i>Van Gogh's Sunflowers</i>				
1000.10	Sa	5/12	9:30am – 12:30pm	14+

Fee: \$15

Location: Senior Center at Frisco Square

Note: Please bring a \$20 supply fee the first day of class.

DRAWING

Discover your artistic talents while learning fundamental drawing techniques. Explore a variety of art materials and media, and develop your artistic skills to create portraits, people, animals and cartoon characters while learning contour drawing, shading, composition, perspective, and more. Some supplies required prior to first day of class, please pick up a supplies list when you register!

Code	Days	Dates	Times	Ages
1001.01	F	1/12 – 2/16	7:45 – 9:00pm	12 +
1001.02	F	3/23 – 4/27	7:45 – 9:00pm	12 +

Fee: \$120

Location: Senior Center at Frisco Square



PERSONAL ENRICHMENT

YOU CAN SAVE A LIFE! CPR & FIRST AID TRAINING

This ARC course is designed to help participants recognize and care for life-threatening respiratory or cardiac emergencies in children or adults. Adult, child, and infant CPR & First Aid will be covered. Participants must be at least 15 years of age.

Code	Days	Dates	Times
1400.11	Sa	1/13	9:00am – 5:00pm
1400.21	Sa	2/10	9:00am – 5:00pm
Fee:	\$75		
Location:	Alumni Hall Fitness Center, Room A112		

PET FIRST AID – “I LOVE ANIMALS!”

This course will teach you how to protect your pet from greater harm, when and where to call for help, how to apply first aid techniques and principles, and learn emergency action steps that can be used in almost any emergency. Please DO NOT bring your pets to this class, however; a photograph of your pet is encouraged. You will receive a handbook and first aid materials. Participants must be at least 15 years of age.

Code	Days	Dates	Times
1403.11	Sa	2/24	9:00am – Noon
1403.21	Sa	3/24	9:00am – Noon
1403.31	Sa	4/21	9:00am – Noon
1403.41	Sa	5/19	9:00am – Noon
Fee:	\$68		
Location:	Senior Center at Frisco Square		

MASTER GARDENING

This class will cover the basics of what you need to know to get your garden blooming. We will cover soil preparation and site consideration. This class will also help you choose the best planting choices for ground covers, shrubs, small trees and perennials that do well in our region.

Code	Days	Dates	Times	Ages
1408.01	W	2/21	6:30 – 9:00pm	14+
Fee:	\$15			
Location:	Senior Center at Frisco Square			

XERISCAPE

Seven steps to superb landscaping using less water! Raise the value of your home and save on your water bill! Participants will learn to improve the value of their landscapes using less water, improving irrigation and identify beautiful plants that will thrive.

Code	Days	Dates	Times	Ages
1409.01	W	3/21	6:30 – 9:00pm	14+
Fee:	\$15			
Location:	Senior Center at Frisco Square			

INTERIOR DESIGN WITHOUT BREAKING THE BANK

The class offers students all the tools necessary to design a functional living space. Topics covered include space planning, color selection, furniture construction, lighting and accessorizing. Participants will receive decorating manuals with all course material and resources. This course is perfect for those that need help in decorating their home as well as individuals considering a career in interior design.

Code	Days	Dates	Times	Ages
1410.01	Tu	3/20	6:30 – 8:30pm	14+
1410.02	Tu	3/27	6:30 – 8:30pm	14+
Fee:	TBA			
Location:	Senior Center at Frisco Square			

DEFENSIVE DRIVING

This program presents a mixture of lecture, video, instructional games and fulfills the requirements for ticket dismissal (confirm with your court) and insurance discount. The six-hour course focuses on updating drivers' knowledge and attitudes to make the streets a safer place for everyone. Please bring your own lunch! Due to State Law requirements, this class will start promptly at the stated time and late students cannot be admitted.

Code	Days	Date	Times	Ages
1404.01	Sa	2/03	8:30am – 2:30pm	16+
1404.02	Sa	3/03	8:30am – 2:30pm	16+
1404.03	Sa	4/07	8:30am – 2:30pm	16+
1404.04	Sa	5/05	8:30am – 2:30pm	16+
Fee:	\$30			
Location:	Senior Center at Frisco Square			

SOCIAL ETIQUETTE

Avoid awkward situations. Business lunches, dinner at Five Star restaurants, and more. Whether you need a refresher or you are a first timer, this is the program for you. This workshop will enhance both your personal and professional success. Topics include business and social etiquette, introductions, communication, and dining do's and don'ts. Refreshments and an instructional guide will be provided.

Code	Days	Dates	Times	Ages
3503.01	M	1/22	7:00 – 9:00pm	18+
3503.02	Tu	3/20	7:00 – 9:00pm	18+
3503.03	Sa	4/28	1:30 – 3:00pm	18+
Fee:	\$35			
Location:	Building Images Studios			

PRIVATE INVESTIGATION 101

Students will gain valuable skills regarding how to conduct background checks, locate individuals and assets, conduct public records research, and other related investigative techniques. Information will be provided on private investigator license qualifications and the skills required to become a private investigator.

Code	Days	Dates	Times	Ages
1420.01	Tu	TBA	7:00 – 8:00pm	18+
1420.02	Tu	TBA	7:00 – 8:00pm	18+
Fee:	\$100			
Location:	Senior Center at Frisco Square			

ADULT PROGRAMS

US CITIZENSHIP CLASS

Do you need to prepare for the U.S. Citizenship exam? Register and attend these three Saturday sessions to help you pass the exam that will grant you U.S. citizenship. During these classes, you will learn the following: Structure of the U.S. Government, The U.S. Constitution, American History, The Bill of Rights, Branches of the U.S. Government, American Holidays and Symbols, Essential Vocabulary, Practice Quizzes to test your knowledge. These fun and interactive sessions can help you prepare for the Citizenship exam! *If you have any additional questions regarding immigration circumstances, please consult an attorney.*

Code	Days	Dates	Times	Ages
1423.01	Sa	1/13	9:00am – 4:00pm	18+
1423.02	Sa	1/27	9:00am – 4:00pm	18+
1423.03	Sa	2/10	9:00am – 4:00pm	18+
Fee:	\$65			
Location:	Senior Center at Frisco Square			
Note:	\$17 fee for course book due to instructor on the first day of class			

THE PERFECT POOCH: DOG OBEDIENCE TRAINING

Team up with your dog in this fun and exciting training program. The instructor has over 30 years of experience, and teaches a variety of obedience skills to help your pet be a pleasant and polite companion. All dogs must be at least three months old and on a leash. All vaccinations must be current, and owners must provide a copy of the pet's vaccination records at the time of enrollment. Individuals ages 17 and under must have a parent or adult guardian escort.

Code	Days	Dates	Times	Ages
1403.01	Sa	3/24 – 5/12	9:00 – 10:00am	12+
Fee:	\$125			
Location:	Warren Sports Complex			

INTRO TO INTERIOR DESIGN

The class offers students all the tools necessary to design a functional living space. Topics covered include space planning, color selection, furniture construction, lighting and accessorizing. Participants will receive decorating manuals with all course material and resources. This course is perfect for those that need help in decorating their home as well as individuals considering a career in interior design.

Code	Days	Dates	Times	Ages
1410.01	Th	2/01 – 2/22	6:30 – 7:30pm	14+
1410.02	Tu	3/20 – 3/27	6:30 – 8:30pm	14+
1410.03	Sa	4/14	9:30am – 1:30pm	14+
1410.04	Sa	5/12	9:30am – 1:30pm	14+
Fee:	\$75			
Location:	Senior Center at Frisco Square			

FINANCE CLASSES

FINANCE 101

Get prepared for life's biggest events and most challenging moments with a solid foundation of financial education. If you have ever wondered how to make your financial picture a little brighter, the first step is by learning how to manage your money smarter. These classes are a great introduction into learning what steps you can take to plan for your financial future.

Code	Days	Dates	Times	Ages
<i>The Five Critical Investment Mistakes</i>				
1412.01	W	2/28	7:00 – 8:00pm	14+
<i>Planning For Your Retirement</i>				
1413.01	W	3/28	7:00 – 8:00pm	14+
<i>Identity Theft</i>				
1414.01	W	4/11	7:00 – 8:00pm	14+
<i>Investing In Your Child's Future</i>				
1415.01	W	5/09	7:00 – 8:00pm	14+
Fee:	\$5			
Location:	Senior Center at Frisco Square			

PRIVATE INVESTIGATION 101

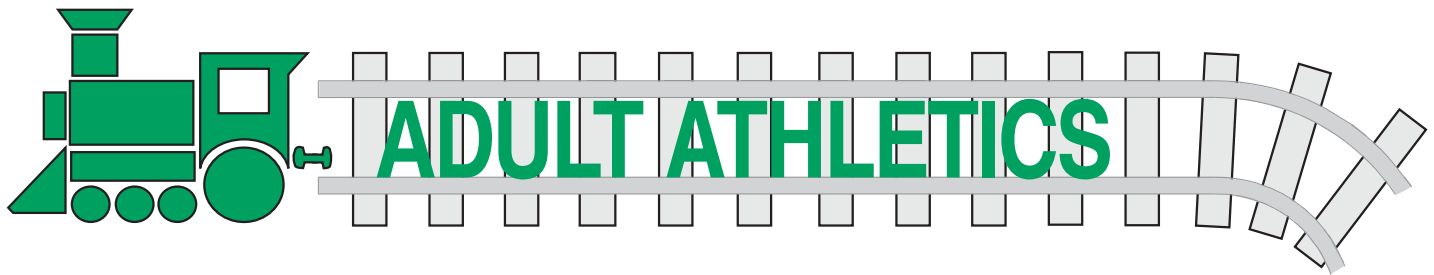
Students will gain valuable skills regarding how to conduct background checks, locate individuals and assets, conduct public records research, and other related investigative techniques. Information will be provided on private investigator license qualifications and the skills required to become a private investigator.

Code	Days	Dates	Times	Ages
1420.01	Tu	2/05 – 3/26	6:00 – 7:30pm	18+
Fee:	\$100			
Location:	Alumni Hall Fitness Center – Room A112			

INTERNAL FRAUD

Students will learn what constitutes internal fraud, understand the elements of fraud, employee rationalizations for committing fraud and why businesses fail to detect fraud. Topics will include skimming, fraudulent billing schemes, types of fraud perpetrators and many other fraud topics.

Code	Days	Dates	Times	Ages
1421.01	Tu	TBA	7:00 – 8:00pm	18+
Fee:	\$100			
Location:	Senior Center at Frisco Square			



ADULT BASKETBALL

Leagues are sanctioned by the Texas Amateur Athletic Federation. TAAF offers local teams the ability to advance to post season play, which includes regional and state tournaments. Teams play eight games with the top four teams advancing to the league playoffs. Game times are hourly from 6:45 – 8:45pm. Players must be at least 18 years of age.

Winter League

Code	League	Days	Dates
1200.01	Open	M	1/22 – 3/12
1200.02	Open	W	1/24 – 3/14

Spring League

Code	League	Days	Dates
1201.01	Open	M	4/09 – 6/04
1201.02	Open	W	4/11 – 5/30

Fee: \$325 per team

Location: Alumni Hall Fitness Center – Gymnasium

Note: No games on 5/28.

ADULT SOFTBALL

Leagues play under ASA guidelines and are offered for numerous skill levels. Teams play nine games with the top four teams advancing to the league playoffs. Game times are hourly from 6:45 – 9:45pm. Players must be at least 18 years of age.

Code	League	Days	Dates
2300.01	Men's Church	M	3/05 – 5/07
2300.02	Men's Class D	Tu	3/06 – 5/08
2300.03	Men's Class C	Tu	3/06 – 5/08
2300.04	Men's Class D	Th	3/08 – 5/10
2300.05	Men's Class C	Th	3/08 – 5/10
2300.06	Co-Ed Class D	F	3/09 – 5/11
2300.07	Co-Ed Church	F	3/09 – 5/11

Fee: \$340 per team

Location: Shawnee Trail Sports Complex

Note: No games the week of 3/12 – 3/16.

ADULT FLAG FOOTBALL

Leagues are sanctioned by the Texas Amateur Athletic Federation. TAAF offers local teams the ability to advance to post season play, which includes regional and state tournaments. Teams play eight games with the top four teams advancing to the league playoffs. Game times are hourly from 6:45 – 9:45pm. Players must be at least 18 years of age.

Code	League	Days	Dates	Format
1600.01	Competitive	Tu	3/06 – 5/01	8-on-8
1600.02	Church	Tu	3/06 – 5/01	8-on-8
1600.03	Recreational	Th	3/08 – 5/03	8-on-8
1600.04	Co-Ed	Th	3/08 – 5/03	8-on-8

Fee: \$375 per team

Location: Warren Sports Complex – Football Fields

Note: No games on 3/13 and 3/15.

FRISCO ADULT TENNIS LEAGUE

Tennis courts at Warren Sports Complex and Shawnee Trail Park are reserved for league play on Tuesdays and Thursdays from 6:00 – 10:00pm. Participants receive a league t-shirt and entry into the season ending tournament. League winners, determined by the regular season standings, receive free registration in the Summer Tennis League. Players must be at least 16 years of age.

Code	League	Days	Dates
2400.01	Men's Singles Competitive	Tu	3/06 – 5/01
2400.02	Men's Singles Recreational	Tu	3/06 – 5/01
2400.03	Women's Singles	Th	3/08 – 5/03

Fee: \$15

Location: Warren Sports Complex and Shawnee Trail Park

Note: No matches on 3/13 and 3/15.

FRISCO TENNIS SCHOOL – LEARN 'N PLAY

This is an instructional class, for beginner to intermediate players, designed to include stroke work and actual play. Class time is divided into 45 minutes of drills and 30 minutes of play with other members of the group under the supervision of a professional instructor. Players must be at least 16 years of age.

Code	Days	Dates	Times	Location
2415.01	M	2/12 – 3/05	6:00 – 7:15pm	Griffin MS
2415.02	Th	2/15 – 3/08	6:00 – 7:15pm	Roach M S
2415.11	M	3/19 – 4/09	6:00 – 7:15pm	Griffin MS
2415.12	Th	3/22 – 4/12	6:00 – 7:15pm	Roach M
2415.21	M	4/16 – 5/07	6:00 – 7:15pm	Griffin MS
2415.22	Th	4/19 – 5/10	6:00 – 7:15pm	Roach MS

Fee: \$59

Note: No class the week of 3/12 – 3/17.

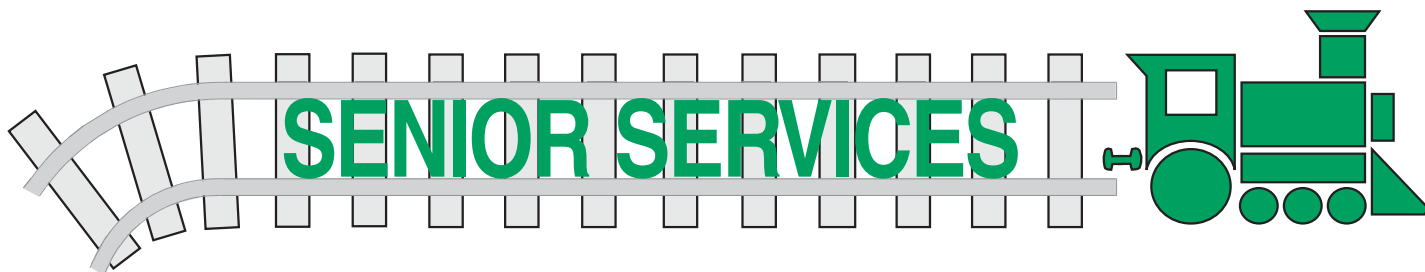
ADULT KICKBALL LEAGUE

Kickball is a great way to exercise, make new friends and relive the glory days of the playground. Team must have six male and four female players on the field at all times. Game times are hourly from 7:00 – 9:00pm. Players must be at least 16 years of age.

Code	League	Days	Dates
2700.01	Co-Ed	Th	3/08 – 4/19

Fee: \$150 per team

Location: Harold Bacchus Community Park – Miracle League Field



The Senior Center at Frisco Square offers a wide variety of programs for adults 50 years plus. Our facility features a sunlit library, game room with billiards and a ping pong table, a state of the art fitness center, spacious multipurpose room and kitchen, computer room with DSL Internet access, health room, and a classroom. However, we have been told our most outstanding attribute is how at ease folks feel when they first walk in our doors. Between the ambiance of the Center, our welcoming staff, and the friendliest group of Seniors you would ever want to meet, you'll find it a new home away from home.

The Senior Center is located in Frisco Square. The nearest intersection is Main Street and the Dallas North Parkway. Call for detailed directions and come visit us today!

Facility Information

6670 Moore Street
Frisco, Texas 75034
Phone: 972-335-5515
Fax: 972-731-4916

Hours of Operation

Monday, Tuesday, Wednesday
& Friday 8:00am – 5:00pm
Thursday 8:00am – 9:00pm
Saturday 9:00am – 1:00pm
& 4:30 – 8:30pm

TRANSPORTATION UPDATE

Van transportation to and from the Center is provided Monday – Friday. Reservations must be made by 1:00pm the business day before by calling 972-335-5515 or signing up at the Center. There are two scheduled pickups: **EARLY** pickup is between 7:00 and 8:00am and the **REGULAR** pickup is between 8:00 and 10:00am. The return trips home are scheduled at 1:30 and 3:30pm. **Participants must be able to independently board the van.** If you need to cancel transportation reservation, please don't forget to call.

FRIENDSHIP CAFÉ

Monday through Friday, a nutritious lunch is served restaurant-style by a smiling Friendship Café representative at a beautifully-decorated table at the Center. Lunch is served at 11:30am and you may pick up a menu at the Center. Reservations must be made by 1:00pm the business day before by calling 972-335- 5515 or by signing up at the front desk. Seniors over 60 are asked to give a donation of \$3, and for those under 60, the cost is \$4.50 per meal. However, no one is denied a meal due to the inability to pay.

Activity dates and times are subject to change or cancellation. For more information on activities, trips, classes and special events please check the monthly Senior Happenings at the Square or call the Senior Center at 972-335-5515.

CLASSES

SENIOR HAPPENINGS AT THE SQUARE

Only a small sampling of our programs are listed in the "Frisco Fun" brochure. To receive a copy of our monthly newsletter with all of the happenings around the Square, please stop by our facility or visit the Senior Adults link on the internet at www.FriscoFun.org.

A variety of classes are offered monthly. They include painting, dance, yoga, tai chi, crochet, quilting, and more.

AARP Driver Safety Program

Area seniors have the opportunity to take the AARP Driver Safety course offered at the Senior Center. This driver safety program is the nation's first and largest classroom driver improvement course designed especially for the motorist 50 years of age and older. The eight-hour course is taught in two, four-hour sessions and there are no tests to take.

Days	Dates	Time
Sa	1/20	9:00am – 1:00pm
Sa	1/27	9:00am – 1:00pm
Fee:	\$10	

Instructor: John Hansen

Beginning Yoga (Floor)

Reduce stress, increase strength, flexibility and general well being through proper breathing, bending, twisting, and stretching exercises while learning relaxation techniques. This is a beginning Yoga class for persons with no experience. The class is designed for persons who have sufficient mobility and/or range of motion to be able to do bending, stretching, and twisting movements based upon the capability of the individual (modifications are presented for those who can't complete the full pose). The instructor will provide the necessary equipment.

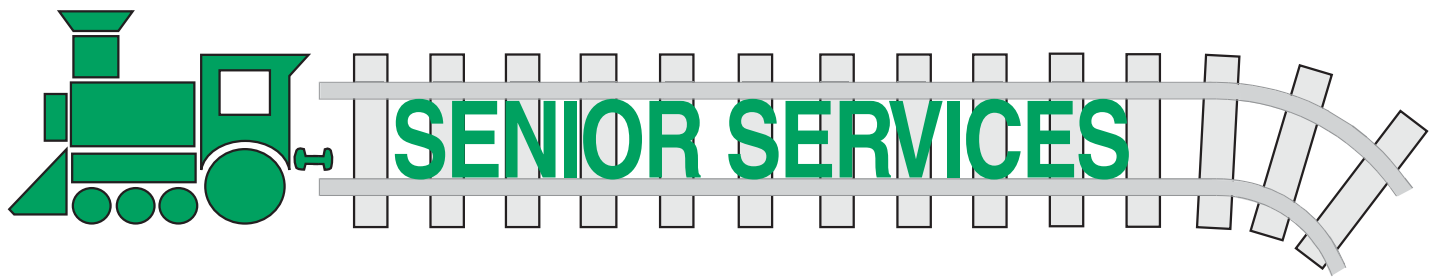
Day	Dates	Time
Tu/Th	Weekly	10:00 – 11:00am
Fee:	\$5 per class	
Instructor:	Bob Geller, Certified Instructor, AAAI	

Tai Chi for Arthritis

Classes begin with a series of Qigong warm-up exercises. During the second part of the class, students move through the form as a group, with movements broken down into "bite-sized" pieces making them easier to learn. Classes are designed for all ability levels; encouraging and guiding new students, while still providing a good challenge for experienced students. No one is left out. Wear comfortable clothes and flat-soled shoes.

Day	Dates	Time
W	Weekly	12:15 – 1:15pm
Fee:	10 class card is \$60, or \$7 per class (walk-in)	

Instructor: Chris Bouguyon



Senior Tap

Have a great time developing rhythmic ability and coordination. Sheena's Dance Academy will have tapping and toes and having tons of fun. Not to mention, tap is a great aerobic workout. Tap shoes needed.

Day	Dates	Time
M	1/29 – 3/5	1:30 – 2:15pm

Fee: \$30

Instructor: Sheena's Dance Academy

Minimum: 6

Ballroom Basics

Dance like the stars! Students will be introduced to various forms of ballroom dancing. Waltz, swing, and salsa will be covered in this 6 week course.

Day	Dates	Time
W	1/29 – 3/7	1:30 – 2:15pm

Fee: \$30 for individuals, \$40 for couples

Instructor: Sheena's Dance Academy

Minimum: 6 individuals, 4 couples

Quilting Class

These classes are great for beginners or experienced quilters. Classes cover color and design, rotary cutting, piecing by machine, borders, and finishing. Class projects vary monthly. You may use fabrics of your own choosing (instructor provides a materials list and cutting instructions), or you can purchase a material kit from the instructor (material kits range from \$12 – \$15).

Day	Dates	Time
W	3/07 – 3/28	10:00am – Noon
W	5/09 – 5/30	10:00am – Noon

Fee: \$5 (plus cost of materials)

Instructor: Mary Belyeu

ACTIVITIES

Birthday Potluck

2nd Thursday of each Month

11:30am – 1:30pm

Bingo and Lunch

3rd Tuesday of each Month

10:30am – 12:30pm

Classic Readers Book Club

3rd Wednesday of each Month

10 – 11am

Centennial Checkup – Free Blood Pressure, Blood Sugar and Cholesterol Check

4th Wednesday of each Month

9 – 11am

Facials and Massages

1st Thursday of each Month

1 – 3:30pm – Appointment Needed

Facial Fee: \$15

Foot Massage: \$15

Table Massage: \$1 per minute (15 minute minimum)

Hair Styles by Silvia

4th Monday of each Month

9:30am – Noon – Appointment Needed

Haircut Fee: \$10

Cut and Style Fee: \$15

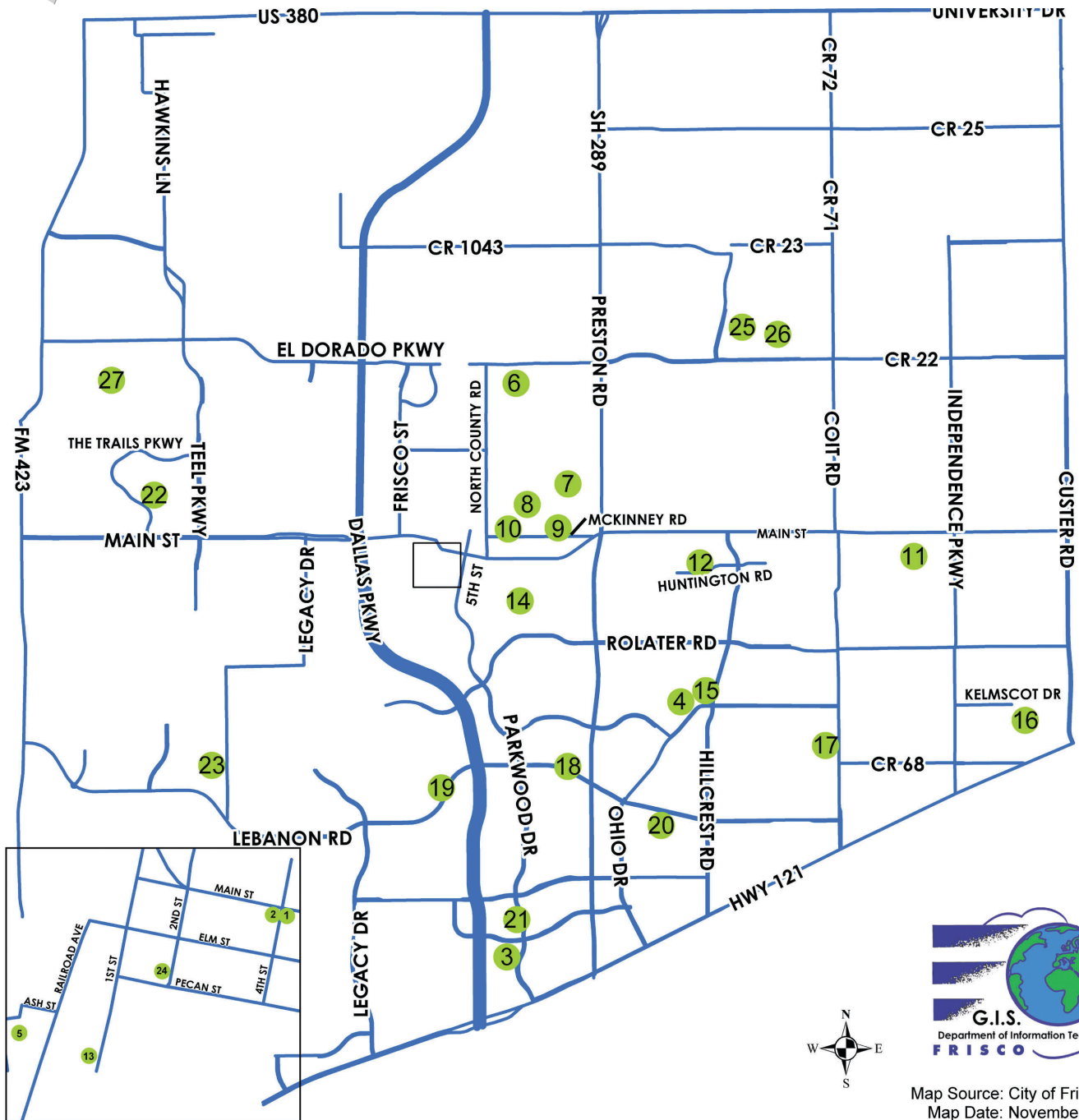
SPECIAL EVENTS

The Senior Center hosts a variety of holiday and season-themed festivities. Late winter and early spring events include Sweetheart Dinner and a Movie, Fat Tuesday, Shamrock Scavenger Hunt, Breakfast with Friends, Cinco De Mayo Fiesta, Mother's Day Tea, Older Americans' Celebration and many others.

TRIPS

Explore some of the great cities, museums, theaters, and concerts of the greater North Texas area on one of our many trips. Hop on the van and travel to places such as The Imax, Granbury Square, Tyler Azalea Trails, and much more.

PARKS & FACILITIES



Map Source: City of Frisco, GIS
Map Date: November 2004

- | | | | |
|-----------------------------------|-------------------------|------------------------------------|-------------------------|
| 1. Downtown Gazebo | 8. Frisco Commons | 15. Shawnee Trail Sports Complex | 21. Central Park |
| 2. City Hall | 9. Bi-Centennial Park | 16. West Rowlett Hike & Bike Trail | 22. Old Orchard Park |
| 3. The Ballpark Plaza | 10. Youth Center Park | 17. Duncan Park | 23. B. F. Phillips Park |
| 4. Alumni Hall Fitness Center | 11. Harold Bacchus Park | 18. Preston North Park | 24. Gallegos Park |
| 5. Senior Center at Frisco Square | 12. Preston Ridge Park | 19. Starwood Park | 25. Mourning Dove Park |
| 6. Warren Sports Complex | 13. First Street Park | 20. Cannaday Recreation Area | 26. Bobwhite Park |
| 7. Preston Manor Park | 14. Oakbrook Park | | 27. Fairways Green Park |



REGISTRATION INFORMATION

Walk-In Registration Starts

December 16, 8:00am – 3:00pm

Registration Ends

One week prior to the class/league start date

Class registrations are handled on a 'first-come, first-serve' basis. Classes have limited enrollment and also have registration cut-off dates that are specific to each class. Fees must be paid in full at the time of registration. Cash, check or money orders are accepted. **Checks and money orders must be made payable to the City of Frisco with your driver's license number listed on the check. Please do not send cash in the mail.**

Two Easy Ways To Register:

Mail-In Registration:

It's fast, it's less hassle and it's easier! Complete the registration form and mail it to the address listed below with the appropriate class fees and signed waiver form. Mail-In Registration forms are processed as they are received. Mail-In Registration forms received prior to the stated Walk-In Registration date will be processed before Walk-In Registrations. Please allow plenty of time for mail delivery – we are not responsible for mail delays. **After your registration is processed you will receive a confirmation email. If no email is listed, you will receive a confirmation phone call. If you have not received a confirmation within 7 days of the class start date, please call 972-377-1752 to confirm your registration status.** If your first choice is full, you will be enrolled in the second option you listed based on availability. If all options listed are full, you will be contacted and your check will be destroyed unless otherwise requested. **Please send a separate check for each class/program registration.**

Mail To:

City of Frisco
Recreation Class Registration
6726 Walnut • Frisco, TX 75034

Walk-In Registration:

Walk-In Registration is conducted at the Alumni Hall Fitness Center during regular hours of operation beginning December 16 unless otherwise noted.

Come In To:

Alumni Hall Fitness Center
9700 Wade Blvd. • Frisco, TX 75035

Registration Forms:

Please complete the appropriate registration form and fill out all requested fields. This will help ensure you are registered for the correct class. **Please list alternate choices in the event your first choice has reached its maximum.** A registration form can be found in this brochure and also on our website at www.FriscoFun.org.

Senior Classes & Programs:

Walk-In Registration for Senior Services is conducted at the Senior Center at Frisco Square – not at Alumni Hall. Mail-In Registration is now available for Senior Adult Programs. Please mail registration form and payment to the Senior Center at Frisco Square, 6670 Moore Street, Frisco, TX 75034.

Waiting Lists:

Due to instructor/participant ratios, each class and program will have a maximum number of spots available. Once the class maximum has been reached, subsequent registrants will be notified that the class is full and you will have the option to be placed on a waiting list. Should spots become available, program openings will be filled on a first-come, first-serve basis from registrants that appear on the waiting list. If you are contacted off a waitlist, payment must be made within 24 hours at the Alumni Hall Fitness Center.

Refund Policy:

1. A full refund will be issued for any program canceled by the Parks & Recreation Department.
2. A refund, less a 20% processing fee, will be issued if a completed Refund Request Form is received at least 7 days prior to the start of the class or session. If a Refund Request Form is not received at least 7 days prior to the start of the class or session, a refund will not be issued.
3. Medical Refund - A refund, less a 20% processing fee, will be issued if an illness or injury causes a participant to miss a single-day class, the entire session or the remainder of a session. To be eligible for a Medical Refund, written documentation from a physician's office must accompany the Refund Request Form and must be received within 72 hours of the first missed class. The refund will be pro-rated if the withdrawal occurs during the session.
4. No refunds will be issued for supply or material fees.
5. Processing takes three to four weeks. Refund checks will be mailed.
6. No cash refunds will be given.

Customer Satisfaction:

The Frisco Parks & Recreation Department is committed to delivering the best customer service possible. If you are not satisfied with a program, please contact us immediately so that we may be able to appropriately address the situation.

Cancellations:

The Parks & Recreation Department reserves the right to cancel any class, program or activity due to weather, failure to meet minimum registration requirements, and situations beyond our control. In the event a class is cancelled, you will be notified and a full refund will be issued.

Sibling Policy:

The structure of the parent/child classes are designed for direct interaction between one parent and one child. We require only children who are of the appropriate age and who are registered for the class attend the program. Other siblings or children will not be permitted in the classroom or be left unattended in the lobby outside of the class.

Returned Check Policy:

A \$25 service charge will be assessed for any returned check.

CUT ALONG DOTTED LINE

CUT ALONG DOTTED LINE



MAIL TO: CITY OF FRISCO
RECREATION CLASS REGISTRATION
6726 WALNUT • FRISCO, TX 75034

Last Name:		First Name:	Sex: M F
Street Address:		Zip:	
Date of Birth:	Age:	Email:	
Home Number:		Work/Cell Number:	
Emergency Contact Name & Number:			

Parent/Guardian Contact Information – Required if participant is under the age of 18

Name:	Phone Number:
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If you are registering for an Adult Athletic League, please complete the information below:

Team Name:	Manager's Name:
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Program Registration Information (please print)

			FOR OFFICE USE ONLY			CALL BACK	
PROGRAM CODE	PROGRAM NAME	FEE	Payment	Date	Emp. Int.	Date	Emp. Int.
1.							
2.							
3.							
4.							
5.							

For Learn to Swim customers, please use this space to select alternate choices in the event your first option is not available.

Option 2: _____ Option 3: _____

Notice: All Registrants/Parents/Guardians Must Sign Waiver
RELEASE AND MEDICAL AUTHORIZATION

I, on behalf of myself or the individual being registered (the "registrant"), agree to allow the registrant to participate in the aforementioned activity(ies) and authorize the City employees, volunteers, program directors and/or instructors as Agents for the undersigned to consent to Medical, Surgical, and/or Dental examination and/or any and all other Treatments deemed necessary by medical personnel. I agree pictures taken during program hours may be used for any purpose.

In consideration of the City of Frisco ("the City") allowing the registrant to participate in the above activity(ies) and other good and valuable consideration, the receipt of which is acknowledged, I, on behalf of myself, the registrant (whether myself of someone else), any other minor child or legally incapacitated person for whom I can execute this document, my heirs, assigns and any other person or entity claiming to have legal rights by and through me, release and agree to defend, indemnify, and hold harmless, the City and its employees, from all claims of and/or liability for personal injury, property damage or wrongful death, including, but not limited to, claims or liability due to the negligence, contributory negligence and/or strict products liability of the City and/or its employees resulting from, relating to, or arising out of participation in and/or transportation to or from activity(ies) sponsored or provided by the City, or use of any City facilities.

This is not a waiver of the City's immunity. I warrant that I am authorized to sign this release. I agree to indemnify and defend the City of Frisco if I am not authorized to sign and legally bind the registrant or if the person named herein attempts to rescind this release. If any term of the release is deemed void or voidable, it shall not affect the enforceability of anything else in the release.

Participant/Parent/Legal Guardian Signature	Relationship to Registrant	Date
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Thank You Merry Main Street Sponsors!

The Frisco Parks and Recreation Department
would like to thank the following businesses for their support in the 16th Annual Merry Main Street:

\$1,000 Rudolph Sponsors:



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